

# Holiday Family-Builders

Thanksgiving, Christmas, and New Year's offer kids the most focused family time they'll experience all year. But for many families, the holidays are also one of the most stressful times of the year. Help your group members make the most of their family time by encouraging them to...

- focus on people, not presents;
- enjoy older relatives—play games with them, ask questions about their childhood holiday celebrations, and listen to their stories;
- enjoy younger relatives—play games with them, take them places, and help them make gifts for others; and
- help with chores and holiday preparations without being asked.
- as youth leaders, we can help our kids spend quality time with their families by...
- scaling back our program during the holidays;
- planning a fun event that involves families; and
- encouraging them to serve their families.