

# Who Influences You?

Who impacts the choices you make? Get together with 1 to 3 people and discuss who influences you most in making decisions about things in your life. In each category, check two columns—either parents, brother/sister, friends, teachers, church/youth group or TV/movies/music.

| Who influences:                      | my parents | my brother / sister | my friends | my teachers | my church or youth group | TV / movies / music |
|--------------------------------------|------------|---------------------|------------|-------------|--------------------------|---------------------|
| How I spend my time                  |            |                     |            |             |                          |                     |
| What I feed my mind                  |            |                     |            |             |                          |                     |
| How I spend my money                 |            |                     |            |             |                          |                     |
| What I wear                          |            |                     |            |             |                          |                     |
| Where I draw the line                |            |                     |            |             |                          |                     |
| What I believe                       |            |                     |            |             |                          |                     |
| What I want out of life              |            |                     |            |             |                          |                     |
| How I see myself                     |            |                     |            |             |                          |                     |
| How I handle fear, failure and guilt |            |                     |            |             |                          |                     |