

Good Shepherd Youth Group Retreat

May 25-27th

Relationships with Others

Chrissy, Lizz, and Joanna

I. How do relationships affect us? ~10-15 mins.

- Play *For Good* from Wicked (have lyrics typed up)
Basic idea-"Who can say I've been changed for the better, but because I knew you I have been changed for good."
- What kind of relationships do we have with other people?
(*friends, family, parents, siblings, teachers, significant others, co-workers, etc...*)
- What do these relationships do for us?

II. Why are these relationships important for/to us? ~30-40 mins.

- Divide into small groups. Each group will be discussion one type of relationship: *parents, siblings, friends, unhealthy relationships*
- Each group will discuss these questions/ideas about their given relationship:
 - What are some defining qualities of your relationship with these people?
 - What makes this relationship different from the other relationships you have?
 - What are the positive qualities of this relationship?
 - What are/can be negative qualities of this relationship?

- Are there any stereotypes or misconceptions of this relationship?
 - All relationships give us insight about who we are or who we want to be. All relationships shape us in some way. What has/can this relationship give you?
 - Think of a person in this type of relationship (parent, sibling, friend...), how would you be different if you didn't have him/her in your life?
- Each group will share the key points of what they have discussed with the whole group.

III. How do we (can we?) balance these relationships? ~10 mins.

- Is any one relationship more important than the others? (refer back to skit John did-prioritizing the people in your life)
- There will be times where you will be forced to prioritize one person (group) over another. How do you/would you choose?

IV. How are these relationships similar? How are they different?
~ 5 mins.

V. Closure ~10 mins.

- Writing activity- respond in your journals to the quote you have just heard. Play calming music while writing
"If you were going to die soon and had only one phone call you could make, who would you call and what would you say? And why are you waiting?" ~Stephen Levine