

Power People

Some people are more than just people. There are people in your life who have a powerful effect on you. The different types of "power people" are listed below. In the blanks, list as many of the "power people" in your life as you can.

_____ LISTENER: The person who is always there to hear what I have to say without trying to change me.

_____ CHALLENGER: That special person who has a way of bringing out the best in me, even when I'm complacent.

_____ CONFRONTER: The person who loves me enough to tell me things I might not want to hear.

_____ ENCOURAGER: Someone who has a way of helping me to look on the bright side of things.

_____ PRAYER PARTNER: Someone I trust enough to come with me when I go to God in prayer.

_____ ROLE MODEL: The kind of person I want to emulate in my actions, character and reputation.

_____ MENTOR: The person who is willing to take me under their wing and guide me on my life's journey.

_____ INSPIRE: That wonderful person who can elevate my spirit and remind me that God has everything under control.

_____ CONSOLER: The person who can calm me down when life spins out of control.

_____ PLAYMATE: Someone who I can always count on to do something fun and bring out the child in me.

_____ DREAMER: That special person who will listen to and appreciate my dreams.

♥ At the end of your meeting, you could use this Ice-Breaker as an affirmation exercise. For each of these "power people" fill in the name of a group member who is that person in your life or who you can imagine being that person in your life.