

TV. HOW MUCH IS TOO MUCH?

Ask each group member to reflect on his or her own television-viewing habits. Use these questions as needed:

- Why do you watch TV?
- Do you think you watch too much TV? just the right amount?
- How would you know if you were watching too much TV? What would be the "symptoms"?
- How has TV influenced you for good or bad?
- If, for whatever reason, you could no longer watch TV, what would you do instead?
- How does TV influence our families? How would our families be different without television?
- How do you imagine TV has changed our relationships? our schools? our churches?

Then give each group member who wishes three minutes to tell the story of his or her TV experiences. Suggest that they speak in third-person, as though telling the story of someone they have observed. (*Example: I know this girl named Kayla. She watches...*) After each person has spoken, invite comments from the other group members. Comments should also be kept in the third person. (*Example: Kayla seems to be hiding behind the TV. I think she...*)