

What, Me Worry?

Worry is something we all do. The following is a stimulating outline for a discussion on worry.

1. Respond to these statements:
 - a. Christians should never worry.
 - b. Why worry?
 - c. If you don't care enough to worry, you don't care.
2. List some things that you worry about.
3. List some things that your parents worry about.
4. List good consequences of worrying.
5. List bad consequences of worrying.
6. What would you say to someone who was worried about:
 - a. their parents getting a divorce.
 - b. failing in school.
 - c. unconfessed sin.
 - d. the recent loss of a boyfriend or girlfriend.
 - e. future plans.
 - f. a bad case of acne.
 - g. a meaningless prayer life.
 - h. a recent failure.
 - i. death.
 - j. being pregnant and unmarried.