

MOST PEOPLE WOULD AGREE THAT THE DECISION TO DISLIKE SOMETHING BEFORE EXPERIENCING IT IS A TOTAL COP-OUT. AND WE'RE ALL GUILTY OF IT, WHETHER IT'S AVOCADOS, COUNTRY MUSIC, OR EVEN RELIGION. BUT CAN YOU SAY WITH 100% CONVICTION THAT YOU'RE OPPOSED TO SOMETHING IF YOU HAVEN'T ACTUALLY TRIED IT?

DON'T KNOCK IT 'TIL YOU TRY IT

STEP 1. LOOK UP ALL THE PLACES IN YOUR CITY WHERE PEOPLE GET THEMSELVES SOME GOD. AND YES, WE MEAN ALL—BE IT A MOSQUE, CHURCH, SYNAGOGUE, TEMPLE, YOGA STUDIO, OR MEDITATIVE DRUM CIRCLE.

STEP 2. MAP OUT A PLAN TO VISIT THESE APPROACHES TO WORSHIP.

STEP 3. JUST WALK IN. (IF YOU'RE SCARED OF THE CONVERT-OR-ELSE CROWD, RECRUIT A WINGMAN.)

STEP 4. OPEN YOUR THIRD EYE AND SEE WHAT YOU FIND.