

CHaLLeNGiNG

Invite group members to discuss:

- Think of your best friend, the person to whom you feel closer than any other in the world.
- Now, without saying it aloud, think about what makes that person so important to you.
- Now, again silently, think about a time when you confronted that person about something, or a time when that person confronted you.

After about 30 seconds, invite volunteers each to share one time of confrontation they've experienced with someone to whom they feel close.

Discuss:

- What makes challenging difficult?
- When is challenging the right thing to do? How do we decide?
 - What sorts of things do we believe call for challenging?
 - When is challenging or confronting someone a responsibility?
- What are some good ways to challenge?
- What should we avoid when challenging?
- If you were messing up and needed to be challenged, how could it be done most effectively? What would work with you? What would you want your challenging friend to say?
- In your life right now, who would have the "right" to challenge you?