

How do *you* feel about expressing emotion? Answer the questions below.

Do you think boys are raised to think differently about their emotions than girls are? If so, how?

Should a man control his emotions at all times? Why or why not?

How do *you* feel when you are with a close male friend who is very upset emotionally and shows it openly?

Under what circumstances do you think it is all right for a man to cry?

Who was the first person to say to you something like, "Now, now, be a man and don't cry"?

What are acceptable ways to show anger or rage? What are some unacceptable responses to someone showing anger or rage?

Do you think that bottling up emotions can cause physical illness?

How do you think a father should express his love for his son?

Do you think society has placed more restrictions upon you as a male regarding expressing emotions than upon females? If so, in what ways?

Does expressing emotions openly make you any less a man?