

# Some of My Feelings

How are you at exploring your feelings? Get together with 1 to 3 people and explain how you would finish each of the half-finished sentences below. When you are through, let your partner do the same.

If you have time left over, use the questions at the bottom under FEEDBACK to respond to what your partner said. Have fun!

1. For me, school is going ...
2. The best thing happening in my life right now is ...
3. If I am bored at a party, I will usually ...
4. At halftime in a basketball game when my team is behind, I would probably ...
5. My outlook on life right now is ...
6. When I get frustrated at home, I usually ...
7. When I see a handsome guy/beautiful girl, I usually say ...
8. My biggest concern or worry right now is ...

**FEEDBACK:** Respond to what your partner said by finishing one of the half-finished sentences below:

1. If you were a character from the Bible, I think you would be ...
2. If you dressed for a costume party that somehow revealed your secret personality, I think you would come dressed as ...
3. If I could pick a custom-made car for your personality, I would pick a ...
  - \_\_\_ 4-wheel all-weather Jeep with wide tires and roll bar
  - \_\_\_ 1955 red MG, ragtop, with scotch plaid bucket seats
  - \_\_\_ 1990 Rolls Royce, with built-in color TV in the back seat
  - \_\_\_ 1965 Mustang, convertible, leather upholstery