

In Gratitude

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I stand, for all I have. I am grateful for my home and family.

I am proud of all that I have accomplished.

I stretch my back in pride, for truly I have been blessed.

In Gratitude

I sit, because now I can rest. I am grateful that I am still alive. I am happy that I exist. I have gained and lost much in my life. But I do not revel in my accomplishments or weep at my disappointments .

I am happy that I can smell the beginning of spring, see the brightness of the summer, taste the gifts of the fall harvest, and feel the chill and power of winter.

In Gratitude

I kneel, for you are my God. I am grateful that you have loved me and know me by name. I am at peace because you have created me.

I have sinned and my successes are far out numbered by my failures, yet you hold me in in the palm of your hand.

In Gratitude

I run to share your love with others.

I am grateful that your love can not be for me alone.

I am fulfilled because you have let me share your love.

FOREVER I AM YOURS!

AMEN.