

Let us bring Gratefulness into our lives

Gratefulness purifies the blood.
It brings us to a purer energy.

When you are grateful,
the fact of gratefulness will transform any situation.
No circumstances can withstand it
for gratefulness is of Life.
It can introduce us to something
far beyond the words.

Years ago I was told to write everyday
those things for which I was grateful.
It brought me to awareness
and awakened sensitivity.

Let us make our lives productive and grateful.
Let us have something to give,
rather than to want.
When that transformation takes place,
your life will change.
Then you will be productive in the true sense.

We have to live differently.
There will be no fear and no lack
when we turn in this direction.

Begin by caring for another person
more than yourself,
regardless of what they do,
regardless of whether you agree with them or not.

We must undertake to discover
the treasure within ourselves
by making another person's heart glad.

Begin with your family.
Put away the past.
Sit quiet and pray for each person in your family
morning and evening.
Forgive everyone
against whom you hold any grievance,
and ask for your friends and relatives to be blessed.
If there is someone you cannot get along with,
pray for him everyday.
And everyday, let it be new.

Your responsibility is never to wish
things to be any different from the way they are.
If you have come to the level
where your opinion about another
no longer dominates you,
you have become a person
who cannot be affected
by what another person does.
Then you can meet the situation with love.
Real love.

And give thanks.
Give thanks for the Action of Grace
that provides everything.
It provides every breath,
the perfection of the eyes, the fingers.
And it will relate you with the glory
of the creative moment.

Forgiveness makes your life productive
as you love all your relationships
back to harmony.

Tara Singh

Blessings

Father of the Cosmos
Mother of all nations
Now we stand before you
And behind you
And within

We can touch your beauty
We are living canticles
Deep within our being
All creation joins to thank you
For the Blessings

You are trust in darkness
You are peace in emptiness
Touch the wounded children
In the shadows of your love.

Cut away the withered branches
Fade away the memories
Deep within the silence
All creation echoes "Thank you
For the Blessings"

Paint a shattered dream into a vision
Weave a story of the light from every wrong
Born in every moment, and every moment
We are born again
And we dance broken heart into a song

Mother we are nations
Father, we are rebuilding a universe
And now we live before you
And behind you
And within

We can taste your beauty
We are living prophecies
Deep within your being
All creation cries and we are born
As Blessings
And we thank you for all Blessings
May we go forth as Blessings

...To all that is

Father of the Cosmos
Mother of all Nations

A THANKSGIVING PRAYER

Dearest Lord, You formed us out of dust. You chose us to be like you. We praise you for your kindness and mercy, loving Father. Keep us from becoming so consumed by earthly things that we forget to thank you, daily, for all the love you have given us. Teach us, your children, to see the beauty and goodness in all your creation. We ask this through Christ our Lord.