

**Passive and
Unconscious Suicide**

Listed below are ten things which may cause premature death. In one of the four columns, check the frequency with which you believe teenagers do these things.

	<i>Frequently</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>
Drinking	_____	_____	_____	_____
Smoking cigarettes	_____	_____	_____	_____
Smoking marijuana	_____	_____	_____	_____
Hard drugs	_____	_____	_____	_____
Overeating	_____	_____	_____	_____
Undereating	_____	_____	_____	_____
Eating excessive amounts of junk food	_____	_____	_____	_____
Fast driving	_____	_____	_____	_____
Lack of exercise	_____	_____	_____	_____
Unnecessary involvement in stressful situations	_____	_____	_____	_____

• Evaluating the columns you checked off, how would you rate your personal likelihood of premature death?

- _____ Very likely
- _____ Possible
- _____ Not very likely