

*** Blessed are the poor in spirit for theirs is the kingdom of heaven.**

A real man knows he needs God and others. He rejects selfishness, and seeks the good of others. He depends on his heavenly Father for everything. Nothing else in life is more important than God.

*** Blessed are they who mourn, for they will be comforted.** Pain is part of human experience, and our own pain can open our hearts to others and their suffering. Sin, evil, and suffering in the world hurts our hearts. We trust that God comforts anyone hurt by loss or injustice, and we reach out to anyone who needs that comfort.

*** Blessed are the meek, for they shall inherit the earth.**

To be meek is to have strength guided by generous love. We never force ourselves on others; because we have nothing to lose. We humbly remember that all we have comes from God, and we serve Him and others by sharing these gifts with kindness and patience.

*** Blessed are they who hunger and thirst for righteousness, for they will be satisfied.**

When we don't want or take the easy way out, we end up the most fulfilled. Being fair and just towards others; we work for equality and truth. We seek for God's peace, love, and justice to rule in the world. We share our gifts with those in need. Jesus' heart, the Sacred Heart of God, is broken with the pain caused by the loveless way of life we have evolved. If the lonely and wounded do not wound our heart, there is no God in us; we have closed ourselves off to something too crucial for truly human living.

*** Blessed are the merciful for they will be shown mercy.**

Mercy is treating the world, everyone, and everything with compassion. We accept and care for others, and we forgive anyone who has hurt us. We strive to be a sign for others of God's forgiveness.

*** Blessed are the pure of heart, for they will see God.**

To be pure means to have only one focus in our hearts: putting God first, doing His will, and pleasing Him above all. By not centering our lives on ourselves, seeking good, and avoiding evil, we come to see God in everything and everyone. We are defined by God; not by anyone or anything else.

*** Blessed are the peacemakers, for they shall be called children of God.**

Everyone wants and appreciates peace; but Jesus says that real men actually do something about it; we make peace. Words alone are cheap, what really matters is what we do; because that is what reveals our heart. As peacemakers, we face up to the challenges of building strong relationships between people. We bring peace and reconciliation into the lives of others by settling disagreements and conflicts, and personally treating others fairly. We work and pray for peace and unity in our family, in the community, and in the world.

*** Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.**

Real men walk in God's way; even when following Jesus is dangerous. We are willing to be ignored, insulted, and harmed for doing what God wants. We fight; continuing Jesus' mission of love and justice in the world. We speak out in all situations where God's peace, love, and justice are not allowed to rule; standing up for our beliefs even when ridiculed, criticized, or even killed.