

# Beautiful Feet

**The topic** A firm stand and consistent walk, two characteristics of committed disciples

**The object** Take pictures of the bare feet of students in your youth group. For fun, also throw in a few gag pictures, such as animal feet, baby feet, big clown's shoes, two feet side-by-side but facing in opposite directions. Make the pictures into enlargements, slides, overhead transparencies, or computer-generated images so the pictures are large enough for the group to view at the same time. These will be your beautiful feet pageant.

**The lesson** Show the pictures and let your students guess whose feet are whose or vote for the most beautiful feet.

The Scripture speaks over and over about feet. In fact, it

**talks almost as much about our feet as it does our hearts and our eyes. That's because the feet tell us two very important facts about someone: where**



she's standing and which way she's going. A firm stand and a consistent walk in the direction of obedience are two key characteristics of a committed disciple of Jesus.

**The Word** Isaiah 52:7; Psalm 40:1-2; 56:13  
See also Psalm 119:101-105; Hebrews 12:12-13

## Discussion starters

1. We read in these passages about two grave dangers for feet: slipping and stumbling. What are some of the slippery spots around your school? What are some of the reasons a teenage Christian might stumble?
2. What are some of the practical steps you as a believer can take to strengthen your stand and straighten your walk?
3. **Taking a strong stand isn't always easy. If someone in your school were to try to have "beautiful feet,"** what are some reasons she might have to step on some toes?

## Life changers

1. Write yourself a *foot-note*, a short letter to yourself about some slippery spots and uneven places that you need to watch out for.