

JESUS WAY OF THE CROSS
THROUGH THE EYES OF MARY,
HIS MOTHER

First Station: Jesus is Condemned to Death

Lord Jesus, it is hard for me to imagine the anguish your mother felt at your condemnation. But what about today,
when I hold a grudge...? Crucify him!
when I judge others.....? Crucify him!
Doesn't this bring tears of anguish to both you and your mother?
Forgive me, Jesus.
Our Father.....

Second Station: Jesus Takes His Cross

Lord Jesus, I beg you to forgive me for the many times I have added more weight to your cross by closing my eyes to the pain and loneliness of my neighbor. Forgive me for gossiping about others and for always trying to find excuses to avoid certain people who wish to talk with me. Help me to be like Mary, always seeking to lighten the crosses of others. Forgive me, Jesus.
Our Father.....

Third Station: Jesus Falls The First Time

Lord, how often have I seen you fall and, unlike Mary, have left you there without concern? How often have I seen people make mistakes and gotten angry with them or laughed at them? How often do I find myself getting angry when someone does things differently than I? Mary offered you her support through your entire passion. Help me to do the same for you by the support I give to others.
Our Father.....

Fourth Station: Jesus Meets His Grieving Mother

Lord Jesus, forgive me the many times our eyes met and I turned mine away. Forgive me the times things did not go my way and I let everyone know about it. Forgive me the times I brooded over little inconveniences or became discouraged and did not listen to your call to courage! Yes Lord, our eyes have met many times, but fruitlessly.

Our Father.....

Fifth Station: Simon Helps Jesus Carry His Cross

Lord Jesus, I have refused to help you many times. I have been a selfish person who has often questioned your word and turned away from suffering. Don't let me remain like Simon, but help me to be generous enough to share the cross of others who need me. Help me to be like your mother, Mary, who always silently followed and obeyed.

Our Father.....

Sixth Station: Veronica Wipes the Face of Jesus

Lord, this woman gave you the best she could. On the other hand, I have wanted to take more than I give. So many opportunities arise every day for me to give to you by giving to others – but I pass them by. My Savior, never let me ask why again, but help me to give all I have to you.

Our Father.....

Seventh Station: Jesus Falls the Second Time

Lord, of all people your mother was your most faithful follower, never stopping in spite of all the pain she felt for you. I have many times turned away from you by my sins and have caused others to turn away from you. I beg you to have mercy on me.

Our Father.....

Eighth Station: Jesus Speaks to the Women

My Savior, many times I have acted like these women, always seeing the problems and faults of others and pitying them. Yet, very rarely have I seen my own sinfulness and asked your pardon. Lord, you have taught me through these women. Forgive me, Lord, for my blindness.

Our Father.....

Ninth Station: Jesus Falls the Third Time

My loving Jesus, I know that many times I have offered my hand to help people, but when it became inconvenient or painful to me, I left them, making excuses for myself. Help me, Lord, to be like your mother Mary, and never take my supporting hand away from those who need it.

Our Father.....

Tenth Station: Jesus is Stripped of His Garments

Lord, I am very selfish. Not only do I cling to everything I own, but in my own way, I too have stripped you. I have taken away the good name of another by gossip, and have stripped people of human dignity by my prejudice toward newcomers and people of different races, religions and nationalities. Jesus, there are so many ways I have offended you through the hurt I have caused others. Help me to see you in all people.

Our Father.....

Eleventh Station: Jesus is Nailed to the Cross

Lord, what pain you endured for me, and what pain your mother Went through, seeing her only son die for love of me! Yet, both you and she are ready to forgive me as soon as I repent of my sin. Help me to root torture out of my life so that I no longer nail people to crosses by my words of actions. Help me, Lord, to turn away from my sinfulness.

Our Father.....

Twelfth Station: Jesus Dies on the Cross

My Jesus, have mercy on me for what my sins have done to you and to others. I thank you for your great act of love. You have said that true love is laying down your life for your friends. Let me always be your friend. Teach me to live my life for others, and not fail you again.

Our Father.....

Thirteenth Station: Jesus is Taken From the Cross

Lord, with infinite gentleness, your mother took your body into her arms after your death. Your passion has ended. Yet, it still goes on whenever I choose sin over you. I have done my part in your crucifixion and now, my Savior, I beg your forgiveness with all my heart. Help me to live a life worthy of you and your mother.

Our Father.....

Fourteenth Station: Jesus is Placed in the Tomb

Lord, when you were buried, it seemed like the end of everything you promised and stood for. But it wasn't, it was only the beginning. This had to be because you love me, and for no other reason. All you ask is that I live a good life. You never said such a life would be easy. I am willing to leave sin behind and live for you alone, in my brothers and sisters. Help me to bury my own selfishness as a beginning of a stronger love for you and your people.

Our Father.....

Fifteenth Station: Jesus is Raised From the Dead

My Savior, thank you! Thank you for such endless love that it helps me to rise out of my own sinfulness. I will try again to live a better life. Help me to always remember that love.

Mary, mother of our risen Savior, teach me to be like you and in my love for others, love him in return.