

# Catholic Teenager's Trip Through

# LENT

- 2003 -

Sunday Monday Tuesday

Wednesday Thursday Friday Saturday

**9th** Is it troubling that this calendar has more questions than answers? PENANCE & REFLECTION are highlighted during Lent. That means asking hard questions ... searching for answers ... and finding them, at last, at the cross and the empty tomb.



**10th** Did you know? The word "LENT" simply means "SPRING." That's a sort of a happy name for what can seem to be such a somber season!

**March 5th** Ash Wednesday  
Our trip through Lent begins with prayer: Lord Jesus, guide us!  
A day of fasting & abstinence.



**6th** Did you receive ashes on your forehead yesterday? How long did it take until you washed them off?  
Read Genesis 3:13-19 to find the origin of Ash Wednesday's ashes.

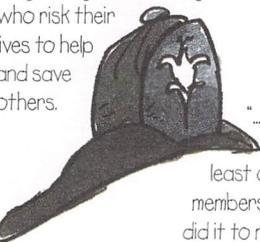
**7th** To "REPENT" means to turn around. What do you need to turn AWAY FROM this Lent? What do you need to turn TOWARD?  
A day of abstinence.



**8th** About those ashes again: did anybody see them that wasn't supposed to—a store clerk ... a waiter ... a friend? Did your ashes ever embarrass you?

**16th** FASTING is also highlighted during Lent—giving up certain things in order to help remember that Jesus gave up his life ... the Father gave up his Son ... so that we will LIVE ETERNALLY.

**17th** Pray today for the many heroes in this world who risk their lives to help and save others.



**18th** "... just as you did it to one of the least of these who are members of my family, you did it to me." —Matthew 25:40

**12th** The beginning of Romans 6:23 tells us why we NEED Lent: "The WAGES of sin is DEATH ..."



You know ... when you put it that way, I guess we DO need Lent!

**13th** What are some things you should give up for-  
EVER?  
Selfishness?  
Hatred?  
Anger?  
Holding grudges?  
Harassing your younger brother?

**14th** But death isn't where Romans 6:23 ends. Oh, no! And it isn't where Lent is leading, either: "... but the FREE GIFT of God is ETERNAL LIFE in Christ Jesus our Lord."  
Thank God for his free gift!  
A day of abstinence.

**15th** How about gossip?  
"Bondage To Sin"  
How about LUST?  
(Youch! That one hurt!)  
A day of abstinence.



**23rd** Make a list of sins. As many as you can think of:



**24th** "Come now, let us argue it out, says the LORD: though your sins are like scarlet, they shall be like snow; though they are red like crimson, they shall become like wool."  
—Isaiah 1:18

**25th** The Annunciation  
The angel said to her: "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy: he will be called Son of God."  
—Luke 1:35

**19th** Saint Joseph  
What are some things you could give up for LENT?  
Dessert?  
Soft Drinks?  
Red Meat?  
New CDs?  
Harassing your younger brother?

**20th** What are some things you should give up for-  
EVER?  
Selfishness?  
Hatred?  
Anger?  
Holding grudges?  
Harassing your younger brother?

**21st** How about gossip?  
"Bondage To Sin"  
How about LUST?  
(Youch! That one hurt!)  
A day of abstinence.

**22nd** How about gossip?  
"Bondage To Sin"  
How about LUST?  
(Youch! That one hurt!)  
A day of abstinence.

**30th** We've been doing a lot of serious thinking, lately. How about a nice "doodle break"?



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**26th** "God's Spirit makes us loving, happy, peaceful, patient, kind, good, faithful, gentle and self-controlled."  
—Galatians 5:22-23a



**27th** Read First Corinthians chapter 13 (the LOVE chapter).

**28th** A day of abstinence.  
This is an artist's rendition of the devil:



**29th** What form does temptation tend to take in your own experience?



**6th** Pray for peace.

**7th** Read Ephesians 2:1-10.

**8th** Read Psalm 23. (Or, do you know it by heart?)



**9th** Read Matthew 18:11-13. Does it scare you at all that you are the lost sheep in this scenario?



**10th** Hey, Fluffy, are you relieved to discover that your Good Shepherd is actively seeking you out—this Lent & always?



**11th** ALMSGIVING (or the charitable giving of our time and resources) is highlighted during the season of Lent. What are some things you, as a teenager, CAN DO to help others with your time and resources?  
A day of abstinence.

**12th** What are some things that you actually WILL DO to give alms?



**13th** Sunday of the Passion  
Read Mark 11:1-11.



**14th** How is a popular hero welcomed into YOUR community these days? What might YOU wave (rather than palms) if Jesus were to come to your hometown?

**15th** Read Mark 15:1-39 each day this week.

**16th** As a Holy Week exercise, draw out the events of Holy Thursday, Good Friday & Easter Sunday. (Like a cartoon.)



**17th** Holy Thursday  
Imagine yourself a disciple in the Upper Room that fateful night.



**18th** Good Friday  
Read Mark 15:1-39 one last time, picturing yourself at the trial, the cross & the tomb.  
A day of fasting & abstinence.

**19th** Holy Saturday  
Anticipate Easter ...  
... HOPE!



# 20th Easter Sunday HOORAY!!

Read Mark 16.

Pray that all people, everywhere, may learn the Good News of Jesus Christ!

Whoa! The tomb's really empty!

