

# More Sharing

- 3 things } I thank God for
- 3 Places }
- 3 People }
- Something I should thank God for
- Something I should thank someone for

**D**ecide to be thankful  
Render others thankful  
Start every day with overflowing thanks to God  
Be thankful for every moment of your life  
Never complain, never be bitter or ungrateful  
Switch on and keep on in you the grateful buttons  
those marked thanks, joy, love happiness, kindness, generosity  
Make your entire being and life a feast of thanksgiving  
Rejoice immensely and jubilantly at the prodigy of life  
Be the miracle God intended you to be  
Thank Him for your wonderful body, mind, heart and soul  
Thank Him for our beautiful planet, for the stars and the sky the mountains and the seas  
our human brethren and sisters  
our friends the animals  
our sisters the plants and flowers  
Thank Him for the seasons of your life  
Repay Him with your best deeds, thoughts feelings and prayers

There is great power in the simple two-word statement: "Thank you!"

•Keep both eyes open to your mercies." advised Robert Louis Stevenson. "The man who has forgotten to be thankful has fallen asleep in life."

## COUNT YOUR BLESSINGS

Count your garden by the flowers,  
Never by the leaves that fall.  
Count your days by golden hours,  
Don't remember clouds at all.  
Count your nights by stars, not shadows.  
Count your years with smiles, not tears.  
Count your blessings, not your troubles,  
Count your age by friends, not years.

"Thanks" . . . something happens when we say the word and mean it. Something happens to others. Something happens to us.

## In Gratitude

In Gratitude . . .

I stand, for all I have. I am grateful for my home and family. I am proud of all that I have accomplished. I stretch my back in pride, for truly I have been blessed.

In Gratitude . . .

I sit, because now I can rest. I am grateful that I am still alive. I am happy that I exist. I have gained and lost much in my life. But I do not revel in my accomplishments or weep at my disappointments. I am happy that I can smell the beginning of spring, see the brightness of the summer, taste the gifts of the fall harvest, and feel the chill and power of winter.

In Gratitude . . .

I kneel, for you are my God. I am grateful that you have loved me and know me by name. I am at peace because you have created me. I have sinned and my successes are far out numbered by my failures, yet you hold me in the palm of your hand.

In Gratitude . . .

I run to share your love with others. I am grateful that your love can not be for me alone. I am fulfilled because you have let me share your love. FOREVER I AM YOURS!

AMEN.