

BRICKS IN THE WALL - Breaking Thru -

- Facing past pains - loss, loneliness.
- Feeling the lack of love - I didn't get the love I needed.
- Fear of failure - accepting failure.
- Fear of going deeper - staying on the surface.
- Accepting responsibility for yourself - no scapegoats.
- Facing excess need for perfection.
- Covering vulnerability and letting yourself be vulnerable.
- Not feeling life -comfortably numb - it's safer - but dead.
- The put downs -letting yourself face them.
- The front of self-assurance while feeling weak and wounded.
- Helping others instead of helping yourself.
- Living from your head instead of your heart.
- Accepting where others are at while trying to help them.
- Trusting in God to take care of you and those you care for - learning how to let go.
- How to be free and not a slave to unexpressed emotions - fears and barriers.
- Admitting defenses.
- The union of the persons in God is the central aspect to their relationship.
- Growing happens at the pace which you determine by willingness to be honest - courage to face difficult and painful realizations and dedication to live freely and fully.
- God holds out opportunities and we are free to respond.
- Each pace of response is to be respected - there is no timetable and no finish line.
- The process of growth requires 2 or more gathered in faith and love and prepared for God's teaching.
- The process of true spiritual growth is timeless and the experience of the non-existence of time can be a part of it - a sign of it.
- Both (or all) persons gain from the interaction and are energized even when realizations and emotional lessons are draining and and painful - all are spiritually challenged and rerejuvenated.
- The emotions are the key - emotional integrity is a foundation to true spiritual growth.
- Love, faith and communication are the cornerstone.
- God's work is what it is - we give form, expression to a process He preceded, is intimately involved with and sees the end result.
- Projecting your problems, weaknesses, fears onto others.