

# Catholic Teenager's Trip Through

# LENT

- 2003 -

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9th

Is it troubling that this calendar has more questions than answers? PENANCE & REFLECTION are highlighted during Lent. That means asking hard questions ... searching for answers ... and finding them, at last, at the cross and the empty tomb.

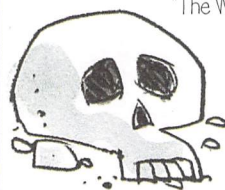


10th

11th

Did you know?  
The word "LENT" simply means "SPRING."  
That's a sort of a happy name for what can seem to be such a somber season!

12th



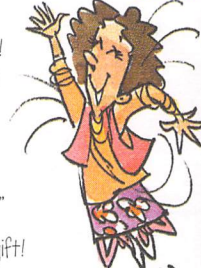
13th

The beginning of Romans 6:23 tells us why we NEED Lent:  
"The WAGES of sin is DEATH ..."  
You know ... when you put it that way, I guess we DO need Lent!

14th

But death isn't where Romans 6:23 ends. Oh, no! And it isn't where Lent is leading, either:  
"... but the FREE GIFT of God is ETERNAL LIFE in Christ Jesus our Lord."  
Thank God for his free gift!  
A day of abstinence.

15th

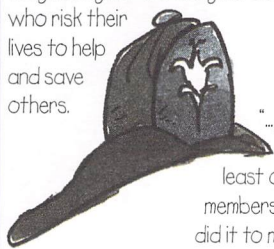


16th

FASTING is also highlighted during Lent—giving up certain things in order to help remember that Jesus gave up his life ... the Father gave up his Son ... so that we will LIVE ETERNALLY.

17th

Pray today for the many heroes in this world who risk their lives to help and save others.



18th

"... just as you did it to one of the least of these who are members of my family, you did it to me." —Matthew 25:40

19th

Saint Joseph

What are some things you could give up for LENT?  
Dessert?  
Soft Drinks?  
Red Meat?  
New CDs?  
Harassing your younger brother?

20th

What are some things you should give up for EVER?  
Selfishness?  
Hatred?  
Anger?  
Holding grudges?  
Harassing your younger brother?

21st

How about gossip?  
"Bondage To Sin"  
How about LUST?  
(Youch! That one hurt!)  
A day of abstinence.

22nd



23rd

Make a list of sins. As many as you can think of:



24th

"Come now, let us argue it out, says the LORD: though your sins are like scarlet, they shall be like snow; though they are red like crimson, they shall become like wool."  
—Isaiah 1:18

25th

The Annunciation  
The angel said to her: "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy: he will be called Son of God."  
—Luke 1:35

26th

"God's Spirit makes us loving, happy, peaceful, patient, kind, good, faithful, gentle and self-controlled."  
—Galatians 5:22-23a



27th

Read First Corinthians chapter 13 (the LOVE chapter).

28th

A day of abstinence.  
This is an artist's rendition of the devil:



29th

What form does temptation tend to take in your own experience?



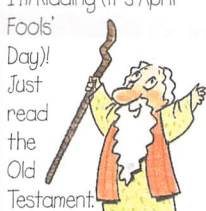
30th

We've been doing a lot of serious thinking, lately. How about a nice "doodle break"?



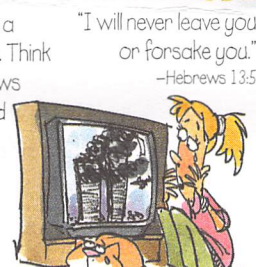
31st

Read the whole Bible. I'm kidding (it's April Fools' Day)! Just read the Old Testament.



2nd

This world can be a scary, lonely place. Think about the bad news that has occurred in the past year. Pray for the continued healing of these "world wounds."



3rd

"I will never leave you or forsake you."  
—Hebrews 13:5

4th

Pray for all those who mourn the deaths of loved ones.  
A day of abstinence.



5th

What was your worst day ... your lowest moment? God was with you even then. Especially then!



6th

Pray for peace.

7th

Read Ephesians 2:1-10.

8th

Read Psalm 23. (Or, do you know it by heart?)



9th

Read Matthew 18:11-13. Does it scare you at all that you are the lost sheep in this scenario?



10th

Hey, Fluffy, are you relieved to discover that your Good Shepherd is actively seeking you out—this Lent & always?



11th

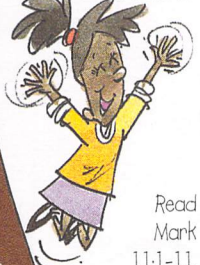
ALMSGIVING (or the charitable giving of our time and resources) is highlighted during the season of Lent. What are some things you, as a teenager, CAN DO to help others with your time and resources?  
A day of abstinence.

12th

What are some things that you actually WILL DO to give alms?



13th Sunday of the Passion



14th

How is a popular hero welcomed into YOUR community these days? What might YOU wave (rather than palms) if Jesus were to come to your hometown?  
Read Mark 11:1-11.

15th

Read Mark 15:1-39 each day this week.

16th

As a Holy Week exercise, draw out the events of Holy Thursday, Good Friday & Easter Sunday. (Like a cartoon.)



17th Holy Thursday

Imagine yourself a disciple in the Upper Room that fateful night.



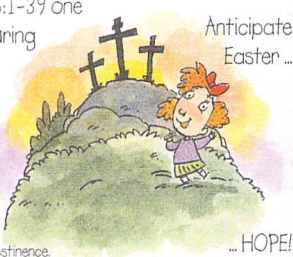
18th Good Friday

Read Mark 15:1-39 one last time, picturing yourself at the trial, the cross & the tomb.  
A day of fasting & abstinence.

19th

Holy Saturday

Anticipate Easter ...  
... HOPE!



20th

# Easter Sunday

Read Mark 16.



# HOORAY!!

Pray that all people, everywhere, may learn the Good News of Jesus Christ!

