

New Rochelle High School of Religion
Blessed Sacrament Center
The Way of the Cross March 20, 1991

Opening Hymn: Amazing Grace

Amazing Grace, how sweet the sound
That saved a wretch like me;
I once was lost, but now I'm found,
Was blind, but now I see.

T'was grace that taught me how to fear
And grace my fears relieved;
How precious did that grace appear
The hour I first believed.

When we've been there ten thousand years,
Bright shining as the sun,
We've no less days to sing God's praise
Than when we'd first begun.

Opening remarks

Each Station will have a meditation by a different Religion teacher or staff member. When that person says, "Let us Pray", please say the prayer for that station.

1. Jesus is Condemned to Death.

Let us Pray: Jesus, help me to keep on caring and loving even when others reject my love or wish me harm. Teach me forgiveness.

2. Jesus Carries His Cross.

Let us Pray: Jesus, help me to carry my hurts and crosses. Give me your love and teach me to talk with You.

3. Jesus Falls the First Time.

Let us Pray: Jesus, help me when my worries and fears weigh me down. Help me when I am too tired to begin again. Teach me Your courage and patience.

4. Jesus Meets His Mother.

Let us Pray: Jesus, help me always to stand by the people I love and who love me. Help me to make my parents proud of me and teach me to love Your mother, Mary.

5. Simon Helps Jesus Carry the Cross.

Let us Pray: Jesus, help me to see those who need my help. Help me always to lend a hand when asked or needed.

6. Veronica Wipes the Face of Jesus.

Let us Pray: Jesus, help me to do the simplest acts of kindness for love of You. Teach me the power of a hug or a loving word of support.

7. Jesus Falls the Second Time.

Let us Pray: Jesus, help me to know that You are always with me to lift me to Yourself and carry me through the difficult times.

8. Jesus Meets the Women of Jerusalem.

Let us Pray: Jesus, help me to remember that I am Yours and that You hold me to Your heart at all times. Teach me to never be cruel or unloving.

9. Jesus Falls the Third Time.

Let us Pray: Jesus, help me to keep on trying when I am feeling defeated. Help me to remember that You are my strength.

10. Jesus is stripped of His Garments.

Let us Pray: Jesus, help me to treat every person with dignity and respect. Help me to clothe them with love.

11. Jesus is Nailed to the Cross.

Let us Pray: Jesus, help me to be a person who helps others who are trapped in pain and loneliness. Teach me to realize that You have won our freedom.

12. Jesus Dies on the Cross.

Let us Pray: Jesus, help me to see death as another step in the life You give us. Teach me how to live and how to die.

13. Jesus is Taken from the Cross.

Let us Pray: Jesus, help me to comfort those who lose someone they love.

14. Jesus is Laid in the Tomb.

Let us Pray: Jesus, help me now to bring Your love of God and love of all people everywhere. Teach me to walk with you in life.

15. Jesus is Risen Again.

Let us Pray: Risen Jesus, thank You for leading me on the Way of the Cross to my God. Thank You for promising that I can see God face to face when I have finished my Way of the Cross. Amen.

Slide show and quiet prayer.

Closing remarks

Closing Hymn: I Am the Bread of Life

I am the Bread of Life. You who come to me shall not
hunger;
You who believe in me shall not thirst.
No one can come to me unless the Father beckons.

Refrain:

And I will raise you up, and I will raise you up,
And I will raise you up on the last day.

The bread that I will give is my flesh for the life of
world,

And you who eat of this bread,
You shall live forever, you shall live forever.
Refrain.

Unless you eat of the flesh of the son of man,
And drink of his blood, and drink of his blood,
You shall not have life within you.
Refrain.

I am the resurrection. I am the life.
You who believe in me, even if you die,
You shall live forever.
Refrain.