

To Be At Peace

1 – PRAY

2 – LOVE

3 – Have no expectations,
Rather abundant expectancy

4 – Create your own reality
consciously rather than
living as if you had no
control over your life

5 – Perceive problems as opportunities

6 – Provide others with the
chance to give

7 – Receive all persons as beautiful
exactly where they are

8 – Be the change you want to see
happen instead of trying to
change everyone else