

# The Oneness of Love

To be truly happy in love  
I know we must seek oneness.  
Sometimes this involves things  
that are difficult for me:  
honesty when I would rather lie a little,  
talking when I would rather pout,  
admitting embarrassed feelings  
when I would rather blame someone,  
standing there when I would rather run,  
admitting doubt when I would rather  
pretend certainty,  
and confronting when I would rather  
settle for peace at any price.  
None of these things brings immediate  
peace and happiness.  
But I know that love works  
if we will work at it.

- John Powell