

**You can do nothing without me.**

Why do you keep trying to do things  
alone?

A child is not supposed to lift heavy  
things alone.

All I ask is that you talk to Me.

Tell me why you are so sad.

Tell me why you are afraid.

Tell me why you are tired.

Come to me, I will refresh you.

You are so afraid, so worried.

I know you are good in your heart.

I know you want to do what is right.

I know all about you.

I watched you grow in your mother's  
womb.

Before you were born I spoke your  
name.

I know when you stand up, when you sit  
down.

Nothing is hidden from Me.

Come, waste some time with Me.

You worry too much about My will.

At the right time I will tell you.

I will speak to you in your heart.

It will be all clear.

I will send the Holy Spirit.

He will tell you what to do & say.

You get too discouraged.

You forget you are learning to walk.

Of course you fall down.

Give yourself time.

I have something very special in mind  
for you-

Something only you can do.

Don't give up.

I give you life.

I place you on earth for a very special  
reason.

But you won't find out

Unless you ask Me what the reason is.

And talking is so easy.

Why don't you do more with Me?

Waste some time with Me.

Be kind to yourself.

Take care of yourself.

And be kind to others;

even if they upset you.

Remember I made them too.

Remember they make mistakes too,

And I love them as I love you.

And why did I make you?

And why do I keep you in life?

Because I love you.

Because I want you to be happy.

Because I want to surprise you.

Because I want you to surprise Me.

I make everything you see.

I make everything you hear.

I make everything you touch, and

taste, and smell to surprise you

and so that you might know

Me.

I am patient with you.

Be more patient with yourself.