

Lord, tonight I ask you, once and for all, to rid me of my concern over what impression I make on other people.

Forgive me for being so preoccupied with what I seem to be, with the effect I produce, with what others think and say of me,

Now let me forget about the stranger that I was so that I may find myself; ... and I will never find myself if I refuse to lose myself.

Lord, let me be open to my brothers & sisters, so that, through them, you will be able to visit me as your friend,

For then I will be the person that your Love wants me to be, your son, Father, and family to my family. AMEN