

Dear Lord,

Tonight, we gather together to grow in our ability to serve you. Help us to stay attuned to the movement of your Spirit. May we hear the call to transformation and deeper growth. Help us recognize you in the winds that can change our lives a little at a time.

When we come face to face with the challenge of giving, when we are asked to go the extra mile, to take the risk of reaching out to another, to offer forgiveness to the heart that rejects us. . .

Response- Spirit of God, fill us with the energy of your love.

When our world seems bleak, when we walk with sadness written on our soul, when we have days in which everything goes wrong.

Response- Spirit of God, stir the energy of your joy within us.

When anxiety and concern take over our spirit, when restlessness or boredom holds over us, when our world cries out in distress and turmoil...

Response- Spirit of God, deepen in us the energy of your peace.

On those days when we hurry too much, during those times when our anger flares because our agendas aren't met, when we stop giving people our understanding and acceptance. . .

Response- Spirit of God, draw us toward the energy of your patience.

When someone needs a simple gesture of thoughtfulness, when a look of love is all another asks from us, when a good word could take the sting out of the gossip of foes...

Response- Spirit of God, create in us the energy of your kindness

In those difficult times when fear threatens to drown our trust in you,. during those experiences of growth when we are tempted to doubt all the ways we have known you

Response- Spirit of God, renew in us the energy of trusting in you

When harshness or abruptness dominates our moods, when. we feel challenged by the power of another, when we abuse the things of this good earth

Response- Spirit of God, bless us with the energy of your gentleness

Spirit of God, you are the stirring in our hearts You urge us to get going You prompt us to follow You encourage us not to give up You call us to open our minds and our hearts to receive your energizing, transforming radiance Make us receptive so that we will follow your loving movement within our lives We trust in your powerful presence within us. AMEN