

Discussion Starter

FISHBOWL TALKS

Here's a great way to help kids in transition stages, whether from junior high to high school or from high school to college. While remaining anonymous, they can get input from adults and peers about the changes and challenges they face.

Set aside time for Fishbowl Talks on a regular basis, and let kids know about them ahead of time. You'll need a goldfish bowl, paper, and identical pens so no one knows who wrote what.

After distributing the paper and pens, encourage kids to write down a question, a comment, an idea, or just a topic they want the whole group to discuss. Then have them fold the papers in half and put them in the fishbowl.

Draw out the papers one at a time, and don't let anyone else see the writing. Discuss that question or topic until the group feels it's been sufficiently covered, and then go on to the next one.