

# PRAcTiCe!

Invite group members to practice their negotiation skills. First, ask a volunteer to describe a recent conflict with his or her parent(s). Ask the volunteer:

- What was the problem?
- What did *you* want from your parent(s)? What did your parent(s) want from you?
- How did the conflict go? Who said what to whom?

Invite other group members to roleplay the conflict as described by the volunteer. Ask:

- What negotiating, if any, took place in this roleplay?
- How could negotiation have been used?

Repeat the roleplay, this time using the suggestions offered by group members. If time and interest allow, repeat the activity with one or more additional roleplays based on situations shared by group members. Discuss:

- What are the elements of good negotiation?
- What part does trust play in negotiating with your parent(s)? How do you build that trust?