

Skills Development

(20-25 minutes)

Organize the parents into groups. (For a parent-teen audience organize people into family groups or mixed groups of parents and youth). Either assign or ask them to select one of the conflict issues from the earlier activity. Ask them to resolve the conflict by working through each step of the collaborative problem-solving process. Remind them to use the skills of empathic listening: *seek first to understand and then to be understood.*

An alternative to the above approach is to facilitate the problem-solving process with the entire group using the list of conflicts or to facilitate the process with each role-play team on the conflict issue that they originally acted-out.

Conclude this part of the session by discussing in the large group how the participants felt about using the process and review how successful the participants were in using the process.

Conclusion

(5-10 minutes)

To conclude the session ask the participants to complete several of the following unfinished sentences:

- I learned...
- I discovered...
- I was surprised by...
- I found _____ difficult because...
- I found _____ easy because...
- In the coming weeks, I/we will try to...