

TOPIC: "fighting fairly," Conflict Resolution

OBJECTIVE: To get students to explore positive ways of handling and resolving conflict.

MATERIALS: copies of the local papers, magazines blank paper and pencils.

RITUAL QUESTION: ASK the following questions: *What would you do if you found out from a friend that your boyfriend/girlfriend cheated on you?* Write answers on the board.

Question 2: *What would you do if you got to your car and found that someone poured pink paint on it?*

Question 3: *You are walking down the sidewalk and someone else is headed the for you, moving in the opposite direction. There is only room for one of you to walk, what do you do?*

I. Write the word **Resolve** or something similar to it is on the board--Circle it, and introduce the class based on this word. Most people do not know how to resolve conflict.

Briefly state that we don't know how to handle our conflicts and the class is going to come up with positive suggestions that will help them to resolve conflict.

- II. 1. Pass out the papers and magazines and ask students to pick out any article(s) that have anything to do with conflicts. (the papers should be full of them.)
2. Have each student read the headline and something about the nature of the conflict.
3. Ask the class why do you think you had to do this? (there is conflict all around us and we should learn how to deal with it in our personal life.)

II. Collect the newspapers. And pass out paper and pencils and Read the following questions out loud, one at a time, allowing each student to finish before you go on:

1. think of the last conflict you experienced with a friend, family member etc.. briefly describe it.

2. What was your goal in the conflict?
3. What do you think the other person's goal was in the conflict?
4. Was the conflict resolved by having one person lose and one person win, if so who won?
5. Did you get upset and use name calling, if so did this make the conflict worse?
6. Who was more understanding?
7. Could you keep your sense of humor during your conflict?

IV. After students complete the questions, have the students share their answers.

WRAP-UP: Have students make a list of rules that would help them to better resolve conflicts. Either write the rules on the board, or copy them down. For the next class, give them copies of the list.