

Heart of Ice

TOPIC: *Dating*

SCRIPTURE: *2 Timothy 2:22*

SUPPLIES: *ice cubes*

Have teenagers form groups of four or five people. Explain that you'll be distributing something in a few moments and the first group to make it disappear wins. The only restriction on making it disappear is that it cannot be eaten.

Have each group sit in a circle. Give each group an ice cube. Tell teenagers to hold the ice cubes in their hands, rub them between their toes, and keep passing them around the small group until the cube has completely melted and disappeared. Challenge students to work together to melt the ice as fast as possible.

DISCUSSION

- Just as our ice cubes changed, how do we sometimes change when we begin dating someone?
- What are some ways we can safeguard ourselves against temptations in dating?
- What kinds of qualities should we look for in prospective dates?
- What's the best way to decide if you should be in a relationship with someone?
- How can people keep from changing to please dating partners?

DeSIGN-a-DaTE

Distribute **index cards** and **pens**. Invite each participant to list the 10 top qualities he or she would like to find in a lasting relationship. Ask them *not* to put their names on their cards.

When everyone has finished, collect, shuffle and redistribute the cards. Ask group members to respond to the following questions with a show of hands:

- How many of you find one or more items on your new card that you also wrote on your card?
- How many find five or more items that you agree with on your new card?
- How many people find only two or fewer items that you agree with?
- How likely do you think you are to find a person like the one described here? like the one described on your original card?
- Which of these qualities do you think are most important in a long-term relationship?