



From A to Z:

How to wreck a happy marriage

Top marriage counselors agree: The surest way to a broken heart and marriage breakup is to follow these alphabetical offenses to the letter.

Making one or more of these all-too-typical mistakes is marital suicide.

If you see yourself in any of these sticky situations, better break those bad habits fast — or risk a trip to divorce court.

A IS FOR ADULTERY. Cheating at love causes one in three divorces.

B IS FOR BOOZE. Hang out in bars if you want to live by yourself.

C IS FOR CREDIT CARDS. Landing in debt is a quick way to strain a marriage.

D IS FOR DRUGS. No one wants to stay married to a spaced-out fool.

E IS FOR ENVY. Cast a jealous eye at single pals if you want to add a touch of bitterness to your marriage.

F IS FOR FORGETTING THAT BIRTHDAY OR WEDDING ANNIVERSARY. A well-trodden route to the divorce court.

G IS FOR GAMBLING. That's an odds-on favorite to cause a bust-up with your loved one.

H IS YOUR SEPARATE HOBBIES. Golf can slice a couple in two and bowling can knock the pins out from under a marriage — unless you do them as a couple.

I IS FOR IMAGINING THAT YOUR PARTNER IS UP TO NO GOOD. It can be as catastrophic as the real thing.

J IS FOR JOGGING. An early morning cuddle in bed is often better for a marriage than taking off around the block.

K IS FOR KINKY SEX. If it suits you both, fine. But if it's a turnoff for one, prepare for the Big D — Divorce.

L IS FOR LIES. They'll come back to haunt you and pave the way to heartache and acrimony.

M IS FOR MOM-IN-LAW. Surveys show that at least one in every 100 divorced couples blame their in-laws.

N IS FOR NAGGING. A henpecked husband — or wife — is soon on the phone to a lawyer.

O IS FOR OVEREATING. It makes you fat and unattractive. Sleeping with a fat slob puts the freeze on a marriage.

P IS FOR PRANKS. A divorce court heard this year how a wife shaved her husband's eyebrows while he slept.

Q IS FOR QUESTIONS. Where have you been? Who were you with? This sort of inquisition can spell the end of a happy marriage.

R IS FOR REFUSING TO COMPROMISE. Shout each other down and never listen if you're tired of marriage.

S IS FOR SULKING IN SILENCE. Mope — but don't tell your partner why you're upset. The split soon follows.

T IS FOR TAKING HIM OR HER FOR GRANTED. You'll drift apart if you don't whisper, "I love you," often.

U IS FOR UNDERMINING YOUR PARTNER. Don't ever call your husband a wimp or your wife a plain Jane.

V IS FOR VACUUM CLEANING AT THE WRONG TIME. Like when he's in bed nursing a hangover.

W IS FOR CLUBS FOR WIFE-SWAPPING. Join one if you want to swap marriage for bachelorhood.

X IS FOR XXX-RATED VIDEOS. Tune into these and you may as well fast-forward to a divorce.

Y IS FOR YOUNG LOVE. The less mature you are when you tie the knot, the more likely your marriage is to fail.

Z IS FOR ZZZZZ! If you're too tired to make love at night, you're too tired to make a go of your marriage!