

FEEDING OTHERS

For this discussion starter you'll need to construct long spoons—we taped wooden spoons to dowel rods.

Tie a long spoon to each person's arm so that it extends well beyond his or her hand. Have teenagers sit at a table with bowls of cereal—you can forgo the milk, depending on how messy you want this to get. Tell them that you'd like them to eat the cereal using only the spoon they've been given—they have to keep their off-hand behind their backs. The long spoon will prevent them from getting the food to their mouths. Eventually someone should realize that the only way to make this happen is to feed each other. You can use this to lead into a discussion about helping those unable to help themselves—and what they might be able to contribute to our lives.