

EMPATHY

- ARE YOU ABLE TO FEEL THE JOY AND PAIN OF PEOPLE YOU DO NOT UNDERSTAND?
- ARE YOU GENERALLY ABLE TO FEEL OTHER PEOPLE'S PAIN WITH THEM?
- ARE YOU AWARE OF AND SENSITIVE TO THE FEELINGS OF OTHERS IN A HEALTHY WAY?
- ARE YOU ABLE TO GET EXCITED ABOUT ANOTHER PERSON'S HAPPINESS?
- DO YOU FEEL HAPPY INSIDE WHEN SOMEONE TELLS YOU THEIR GOOD NEWS?
- ARE YOU USUALLY ABLE TO TELL WHEN PEOPLE ARE HAVING A GOOD TIME?
- DO YOU FEEL BADLY WHEN YOU HEAR OF THE SUFFERING OF OTHERS?
- HOW WOULD YOU RATE YOUR ABILITY TO BE THERE FOR OTHERS IN AN UNDERSTANDING WAY?
- DO YOU BELIEVE OTHERS FEEL COMFORTABLE ENOUGH WITH YOU TO OPEN UP AND SHARE THEIR DEEPEST FEELINGS?
- HOW LIKELY ARE YOU TO TRY AND UNDERSTAND ANOTHER'S POINT OF VIEW, EVEN THOUGH YOU MAY NOT AGREE WITH IT?
- HOW ABLE ARE YOU TO SHARE OTHER'S PROBLEMS WITHOUT BECOMING ANXIOUS YOURSELF?
- DO PEOPLE SHARE WITH YOU THEIR DIFFICULTIES BECAUSE THEY FEEL YOU UNDERSTAND?
- DOES IT HURT YOU TO SEE SOMEONE IN TROUBLE, LONELY OR SAD? DO YOU USUALLY TRY TO DO SOMETHING ABOUT IT? DO YOU HAVE LIMITS TO HOW FAR YOU'LL GO?
- IN GENERAL ARE YOU ABLE TO FEEL WITH OTHERS?
- DO YOU CONSIDER YOURSELF AN UNDERSTANDING PERSON?
- DO YOU USUALLY KNOW WHAT TO SAY TO A PERSON WHO IS GRIEVING, ILL OR DYING?
- WHAT ARE AREAS OF LIFE IN WHICH YOU FIND IT DIFFICULT TO BE UNDERSTANDING?
- HOW GOOD ARE YOU AT READING OTHER PEOPLE'S PHYSICAL OR EMOTIONAL STATE?
- CAN YOU RECOGNIZE THAT OTHERS MAY HAVE HAD AS DIFFICULT A TIME IN LIFE AS YOU?