

How have people contributed to your life? (Read the scripture passage, then jot down the names of a person who has helped you in this way - remember it does not have to be physical help, for example there are many ways to be thirsty).

_____, I WAS HUNGRY AND YOU FED ME: Your sharing of yourself has caused me to grow.

_____, I WAS THIRSTY AND YOU GAVE ME DRINK: Your spiritual life and devotion to God has helped me find spiritual refreshment.

_____, I WAS A STRANGER AND YOU RECEIVED ME: Your welcome made me feel at home.

_____, I WAS NAKED AND YOU CLOTHED ME: Your own caring when I felt naked and alone made me feel that somebody understands me.

_____, I WAS SICK AND YOU TOOK CARE OF ME: Your reaching out to me when I was really down caused me to feel better and whole again.

_____, I WAS IN PRISON AND YOU VISITED ME: Your ministry to me when I shared some of my hangups released me from the bondage.

We too will be judged - to those who have been given much, much will be expected. As you thought above of those who have helped you, you might have realized that some of them don't even know they helped you.

Are you aware of those people in your life whom you help? This is how the Lord seems to be saying our future is being determined.

Complete the following statements this time trying to see how you helped.

_____, YOU WERE HUNGRY AND I

_____, YOU WERE THIRSTY AND I

_____, YOU WERE A STRANGER AND I

_____, YOU WERE NAKED AND I

_____, YOU WERE SICK AND I