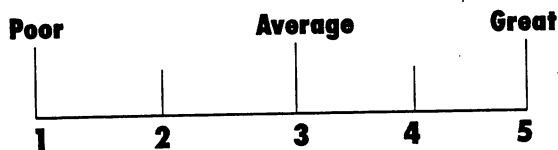


HOW TO RAISE YOUR PARENTS

1. How would you rate your relationship with your parent(s)?



2. What are some of the problems in your relationship with your parent(s)?
3. What are some of the good points of your relationship with your parent(s)?
4. What would help improve the relationship?
5. What do the following verses teach about relationships with parents?

Col. 3:20
Prov. 3:1-4
Ex. 20:3

6. Rate yourself in the following areas:

**Almost
Never**

**Almost
Always**

- | | | | | | |
|--|---|---|---|---|---|
| a. I obey my parents in all things. | 1 | 2 | 3 | 4 | 5 |
| b. I am patient with my parents' weaknesses. | 1 | 2 | 3 | 4 | 5 |
| c. I apologize to my parents when I hurt them. | 1 | 2 | 3 | 4 | 5 |
| d. I trust God to change my parents if they are wrong. | 1 | 2 | 3 | 4 | 5 |
| e. I do more than my parents ask of me. | 1 | 2 | 3 | 4 | 5 |
| f. I try to see life from my parents' point of view. | 1 | 2 | 3 | 4 | 5 |
| g. I ask my parents for their advice. | 1 | 2 | 3 | 4 | 5 |
| h. I thank my parents for all they do for me. | 1 | 2 | 3 | 4 | 5 |
| i. I pray for my parents. | 1 | 2 | 3 | 4 | 5 |
| j. I show my parents I love them. | 1 | 2 | 3 | 4 | 5 |
| k. I tell my parents I love them. | 1 | 2 | 3 | 4 | 5 |
| l. I live the kind of life my parents can be proud of. | 1 | 2 | 3 | 4 | 5 |

7. The area which I most need to improve is _____

8. Check any of the following ideas you'd like to commit yourself to do in the next 48 hours:

___ Buy my mother flowers.

___ Tell my parents I love them.

___ Ask my parents to pray with me.

___ Write a note of appreciation to my parents.

___ Take my parents out to eat.

___ Do some chores without being told.

___ Ask my parents for some advice.

___ Wash the car.

___ Give my parents a hug or kiss.