

# Parent Trap

TOPIC: *Parents*

SCRIPTURE: *Ephesians 6:1-4*

SUPPLIES: *paper, pens or pencils*

**B**efore the game, write down several typical statements parents might make each day—both positive and negative. Here are some suggested statements: “Do your homework,” “Be back by eleven,” “I’m proud of you,” “Tell me the truth,” “Keep up the good work,” “Where are you going?” “I love you,” “What’s going on?” “So tell me about this person you’re dating,” “Clean up your room,” and “Need the car?”

Give each person paper and a pen or pencil. Read each of the parents’ statements, and invite students to write down a score from 1 to 10 points for each statement to indicate the likelihood of their parents saying that statement (1 = not very likely; 10 = very likely).

After you’ve read all the statements, invite students to tally their scores to see who has the most “real” parent.

## DISCUSSION

- Which of these statements do teenagers most commonly hear from parents?
- What do you think are some of the challenges to parenting today?
- What’s the most important thing you’d like your parents to know about yourself?
- Read Ephesians 6:1-4. What principles for parenting do we find in this Bible passage?
- What do you think is the goal of being a good parent?
- How can you help your mom and/or dad to be better parents?