

GUILT & SHAME

- WHEN WAS A TIME WHEN YOU FELT ASHAMED?
- IS THERE A GREAT DEAL OR VERY LITTLE YOU FEEL ASHAMED OF?
- IS THERE ANYTHING YOU FEEL GUILTY OR ASHAMED OF RIGHT NOW? WHAT?
- IS GUILT A NATURAL FEELING OR DOES IT HAVE TO BE LEARNED?
- DO ANY OF YOUR RELIGIOUS BELIEFS IMPACT ON YOUR EXPERIENCE OF GUILT?
- WHEN WAS A TIME WHEN YOU FELT GUILTY?
- IS GUILT NECESSARY FOR PEOPLE TO KNOW THEY'VE DONE WRONG?
- HOW MUCH GUILT ABOUT THE PAST DO YOU CARRY AROUND?
- WHO EXPERIENCES MORE GUILT-CHILDREN OR ADULTS?
- CAN TOO MUCH GUILT HARM A PERSON?
- ARE GUILTY FEELINGS INHERITED FROM YOUR PARENTS?
- DOES GUILT RESULT FROM HAVING A CONSCIENCE?
- DOES GUILT RESULT MOSTLY FROM THE BREAKING OF RULES AND LAWS?
- HOW DO YOU USUALLY FEEL WHEN YOU'VE MADE A MISTAKE?