

Examination of Conscience

God asks me to LOVE HIM WITH MY WHOLE HEART.

- Do I pray often with attention and trust?
- Am I restless, and do not pay attention in Church?
- Do I distract others when they are praying?
- Do I use God's name without respect?
- Do I try to learn more about God and my faith?
- Do I take part in Mass every week (Saturday evening or Sunday)?
- Do I try to receive Holy Communion often?

God asks me to LOVE OTHERS AS JESUS DID

- Do I obey my parents promptly and without grumbling?
- Do I talk to them with love and pay attention when they talk to me?
- Do I thank them for what they do for me?
- Do I answer them back rudely, or sulk when they correct me?
- Do I hurt others, annoy them, or make them angry on purpose?
- Do I take care of my health and try to develop my gifts?
- Am I lazy and careless with my duties or work at home and school?
- Am I loyal to my friends, keeping my promises?
- Do I steal, destroy, spoil or keep what belongs to others?
- Do I waste food through carelessness and spite?
- Do I tell lies or cheat?
- Do I blame others for what I did, or tattle-tale?
- Am I unhappy when I see the things others have? Do I wish them harm?
- Do I hold grudges or try to get even with others?
- Am I ready to help those in need and share what I have?

Jesus helps me when I am sorry for my sins.

- Do I pray for help when I am tempted to do something wrong?
- Do I ask others to forgive me when I hurt them?
- Am I ready to forgive those who hurt me?
- Do I try to make a good confession frequently?

What is my biggest problem in trying to be like Jesus?

What am I doing about it?