

Examination of Conscience



saw during the Passion Week (Jn 3:16ff)?

All: My Lord and my God have mercy on me

Priest: Just as God has first loved me, Am I loving and respectful toward my parents, my family, my teachers, superiors, and my friends? Have I been disobedient or rude? Am I selfish sometimes (Mk 12:31; Jn 13:15; Phil 2:3 and 1 Jn 4:10-11)?

All: My Lord and my God have mercy on me

Priest: How do I relate with people around me? Have I been mean to people around me? Do I make fun of people I don't like? Am I too quick to get into fights, or to become angry? Do I use vulgar or bad language? Do I lie or cheat? Do I spread gossip, backbiting or tale telling? Am I forgiving (Col 3:13 and Eph 4:32)?

All: My Lord and my God have mercy on me

Priest: Have I stolen anything? Have I harmed anyone by deception, or fraud? Am I greedy or have inordinate desire for material things beyond my means? Am I attracted to bad movies and literatures that endanger my faith?

All: My Lord and my God have mercy on me

Priest: Have I mutilated myself or another? Have I got drunk or use prohibited drugs? Do I respect myself and the gift of my sexuality?

All: My Lord and my God have mercy on me

Priest: Have I been lazy when it comes to helping and loving other people? Am I generous, patient, kind, thoughtful and charitable? Or I am just proud, ill mannered, selfish and irritable (Read 1 Cor 13)? Do I give to the poor? Do I apologize or at least say "I am sorry" when I know I am wrong (cf the Beatitude Matt 5:1-12)?

All: My Lord and my God have mercy on me

Let us now take a quiet moment to recognize how we have failed in our relationship with God and with our parents, teachers, friends and neighbors pray Jesus to help us change and renew our relationship.





Act of Contrition

All: Oh my God,
I am heartily sorry for having offended you.
I detest all my sins because of your just
punishment, But most of all because they
offend you, my God,

Who are all good and deserving of all my love
I firmly resolve, with the help of your grace,
To sin no more and to avoid the nearer occasions of sin
Amen.

Closing Prayer: God of gentleness and compassion, your Son
Jesus, told his disciples to put all fear aside, and trust in your
loving care. Give us courage, the Youth of the Church of the Good
Shepherd, in confessing the wrong we have done, and show us how
to make fresh start. We ask this in the name of Jesus, your Son,
who lives and reigns with you and the Holy Spirit, one God forever
and ever.

All: Amen

All are now invited to celebrate the Sacrament of Reconciliation
individually

Part II: Celebration of the Holy Eucharist

Readings of the Sixth Sunday of Easter- Acts 8:5-8, 14-17;

Ps 66:1-3, 4-5,6-7,16,20; 1 Pet 3:15-18

John 14:15-21

Reflections By Fr. Michael Udoekpo

Renewing our Relationship with God:

Path of a Christian Youth



Our Relationship with God

Church of the Good Shepherd
Youth Ministry Weekend Retreat

Reconciliation and Celebration
of the Holy Eucharist

May 28, 2011

Held at St. Josephat Retreat House, East Beach Dr. Glen Cove NY,



Part I: Sacrament of Reconciliation

Initial Remarks of greeting!

Opening Prayer: Father of mercies, we the youth of the Church
of the Good Shepherd believe that nothing can separate us
from your love. We gather here today to remember that we are
your children- far from perfect, but treasured just the same. Our
sins pull us away from your relationship, but you never stop loving
us. Help us to leave the past behind and return to you without
embarrassment or fear. Wash us clean, O Lord, and make us new
again. We ask this through Christ our Lord.

Amen.

Reading the Word of God: Luke 15:11-32/ Reflection