

Prayers of Thanksgiving to be prayed privately after receiving Penance

Lord, make me an instrument of your peace:

Where there is hatred, let me sow love:

Where there is injury, pardon:

Where there is doubt, faith:

Where there is despair, hope:

Where there is darkness, light:

Where there is sadness, joy:

Lord, grant that I may not so much seek to be consoled as to console.

To be understood as to understand.

To be loved, as to love.

For it is in giving that we receive:

It is in pardoning that we are pardoned:

It is in dying that we are born to eternal life. AMEN

Father we thank you for the gift of faith which makes it possible for us to believe in your love and forgiveness and which gives us hope to carry on your work in this world of ours. AMEN

Father, we thank you for helping us to see how much you love us and how willing you are to forgive us. Help us always to remember that your love and forgiveness is greater than anything that we can imagine and never let us be afraid to come to you and ask your forgiveness in the Sacrament of Penance.