

Decide to Forgive

Decide to forgive
For resentment is negative,
Resentment is poisonous,
Resentment diminishes and devours the self.
Be the first to forgive,
To smile and take the first step,
And you will see happiness bloom
On the face of your brother or sister.
Be always first,
Do not wait for others to forgive.
For by forgiving
You become the master of fate,
The doer of miracles.
To forgive is the highest,
Most beautiful form of love.
In return you will receive
Untold peace and happiness.

Here is a program for achieving a truly forgiving heart:

- Monday: Forgive your family.
- Tuesday: Forgive your friends and associates.
- Wednesday: Forgive across economic lines in your own nation.
- Thursday: Forgive across cultural lines in your own nation.
- Friday: Forgive across political lines in your own nation.
- Saturday: Forgive other nations.

Only the brave know how to forgive. Cowards never forgive.
It is not in their nature.

—Robert Muller

