

Protective Factors in My Community

LOW

MEDIUM

HIGH

YOUR RANKING
(1 = highest)

Community

- Norms and public policies support non-use
- Provides supportive networks and social bonds
- Involves youth in community service
- Provides access to resources (housing, healthcare, childcare, job training, employment and recreation)

Family

- Develops close bonding with child
- Values and encourages education
- Manages stress well
- Has clear expectations regarding substance use
- Encourages supportive relationships with caring adults beyond the immediate family
- Shares family responsibilities
- Is nurturing and protective

School

- Expresses high expectations
- Encourages goal-setting and mastery
- Encourages pro-social development
- Provides leadership and decision-making opportunities
- Fosters active involvement of students
- Involves parents
- Provides substance-free activities
- Staff views itself as nurturing caretaker

Individual/Peer

- Involved in substance-free activities
- Respect authority
- Bonded to conventional groups
- Appreciate the unique talent that each person brings to the group