

# Bird Affirmation

What better way to close a meeting than to affirm the qualities you noticed in your fellow group members? Choose one of the birds below that describes each person in your group and take turns affirming each person. Another way to use the affirmation activities is to draw names, then choose one bird affirmation, one nautical affirmation (p. 125) and one movie affirmation (p. 118) that describes the person whose name you drew. Then take turns sharing the affirming qualities you chose and see if the group can guess whose name you drew.



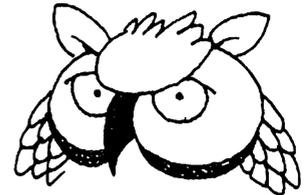
**Hawk**

With your sharp eyes, you can see positive things about people the rest of us miss.



**Mockingbird**

Your sweet spirit encourages everyone like the sweet song of a bird.



**Owl**

WHO is wiser than you? Your wisdom is a wonderful asset to our group.



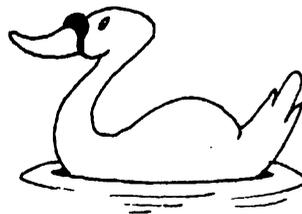
**Dove**

You seem to bring peace wherever you go, helping people through conflict.



**San Diego Chicken**

You have a lovable childlike spirit, entertaining us with your hilarious antics.



**Swan**

You carry yourself with great dignity, bringing elegance wherever you go.



**Bat**

When times are dark you have a way of showing us where to go.



**Hummingbird**

You have tremendous energy and accomplish the impossible, like flying backwards!



**Peacock**

You always surprise us with your unexpected color and brilliance.