

- Fear often wants you to run from something that isn't even after you. I'm reminding myself that most of the scary "what if's" rattling around in my mind will never become anything close to reality.

- FEAR = False Evidence Appearing Real. This old acronym really is true. It's up to me to control my thought-life and keep my mental focus on the truth of God's Word and his undying love for me, not the scenarios the devil likes to conjure up in my mind. Worry is just a dark room where negatives are easily developed.

- As Bill Sunday said: "Fear knocked at my door. Faith answered...and there was no one there." When facing fear and uncertainty, real courage often acts like a kite. The tough winds only make it fly higher. So in a quiet way that all true contenders understand, I'm looking toward my future and beginning to say, "Bring it on!"

- Never be afraid to trust an unknown future to a very known God. I'm reveling in that thought. After all, I can't discover "new oceans" until I have the guts to lose sight of the shore.