

In the past, when you did something that resulted in harm to others, describe what you were thinking about prior to committing that harmful act.

What happened to your knowledge of right and wrong in the thinking you described above?

What reasons did you use to allow you to shut off your fears and conscience?

Were the reasons described above reinforced because you succeeded at getting what you wanted? _____ Had these beliefs or reasons succeeded in other situations? Please explain.

Do you have a conscience? _____ If you answer yes, how do you know this?

What sort of things does your conscience tell you not to do?

Have you ever stopped listening and gone against your conscience? When? What happened? Please explain.

What fears could be beneficial to you, if you decide to change for the better?