

Seven Great Decisions

One of the best ways to take advantage of an inspiring meeting is make some positive decisions about your life. Use the weekly calendar below to record seven great decisions about your life, one for each day of the week. After you have decided on the improvements you are going to make, take turns sharing your decisions with the group. Your group might choose to follow-up with one another at your next meeting to see how successful you were at fulfilling your seven great decisions.

SELF-CARE SUNDAY: One thing I'm going to do to take care of myself:

MEDICAL MONDAY: One thing I'm going to do to improve my health:

TREASURE TUESDAY: One thing I'm going to do to improve my financial situation:

WORKING WEDNESDAY: One thing I'm going to do to be Christlike at my job or during my daily activities:

THOUGHTFUL THURSDAY: One thing I'm going to do to surprise someone with kindness:

FAMILY FRIDAY: One thing I'm going to do to improve my relationships with family members:

SPIRITUAL SATURDAY: One thing I'm going to do to enhance my spiritual life: