

Read each decision. Next tell who's in charge. Who has the authority and power to make the decision? Write *M* for Me, *T* for Them, or *B* for Both (Me and Them). Then explain the reason for your choices.

- _____ Choosing to be the kind of person I want to be
- _____ Selecting chores to do at home
- _____ Deciding to do chores at home
- _____ Being responsible for my behavior
- _____ Identifying and owning my feelings
- _____ Setting bedtimes and curfew times
- _____ Naming my needs
- _____ Deciding where I'm going to live
- _____ Choosing my dreams for the future
- _____ Choosing to get power in my relationships
- _____ Deciding whether or not to go to school