

1. Do you respect yourself? yes____ no____
2. Do you want to improve? yes____ no____
3. Do you have goals? yes____ no____
4. Do you have a plan to achieve your goals? yes____ no____
5. Are you willing to learn? yes____ no____
6. Are you willing to change? yes____ no____
7. Are you a good listener? yes____ no____
8. Are you willing to make mistakes? yes____ no____
9. Do you try to hide your feelings from
others? yes____ no____
10. Do you try to blame your mistakes on
others? yes____ no____
11. Are you glad when others fail? yes____ no____
12. Are you honest and open about your
feelings? yes____ no____
13. Are you happy with who you are today? yes____ no____
14. Do you like who you are? yes____ no____

Conflict or
flow,
limits or
freedom,
unity or
isolation,
are a matter of
choice.

* * * *

Choice is
freedom.
To choose
is to be free.
Choice judges right,
but does not
make right.
Choice is privileged
through power.

Power to choose
is a divine gift,
not a human right.
Power to choose
makes freedom,
but not right.

Choice accepts risk,
accepts consequence.
Choice does not determine
morality,
it only judges it.

A way of life based on
harmony and respect
is one's choice.

If one chooses,
one can live in balance
with oneself, others and
the natural world.

Many individuals with
the same choice,
make up one nation
with the same choice.
Many nations
with the same choice,
make up one planet
with the same choice--
one world united.