

Decisions

Kids have ten minutes to decide which of the following things they consider to be the most harmful and to order the list using a number 1 beside the one they

think is the most harmful, number 2 beside the second most harmful, etc. Afterward, discuss the results. Define harmful as it relates to all areas of life.

HARMFUL ACTIONS

- ___ Getting drunk
- ___ Moderate drinking (alcohol)
- ___ Lack of exercise
- ___ Cigarette smoking
- ___ Guilt feelings
- ___ Poor eating habits (types of food, how eaten, etc.)
- ___ Marijuana
- ___ Drugs (amphetamines, LSD, etc.)
- ___ Overwork
- ___ Lack of medical attention when necessary
- ___ Premarital sex
- ___ Nervous anxiety and tension
- ___ Fatigue, caused by never getting enough sleep

- ___ Overeating
- ___ Watching television
- ___ Reading pornography
- ___ Other:
- ___ Other:

Questions:

- Why did you rank the items the way you did?
- What criteria did you use to decide which item was more harmful than the others?
- How would your parents rank the items?
- How would God rank them?