

AGONIZING PATTERN

Definition: Getting so overwhelmed by alternatives that you don't know what to do.

EXAMPLE: You need to decide where you will go to college and you have so many college catalogues that you can't make up your mind.



PLANNING PATTERN

Definition: Using a procedure so that the end result is satisfying; a rational approach.

EXAMPLE: You decide to take a job with a company with much potential for advancement.

INTUITIVE PATTERN

Definition: Making a choice on the basis of vague feelings, or because "it feels right."

EXAMPLE: You choose a college because you like the campus. You don't talk to the instructors in your program, or find out about financial aid.

Which pattern do you think you use the most?
