

Read each decision. Next tell who's in charge. Who has the authority and power to make the decision? Write *M* for Me, *T* for Them, or *B* for Both (Me and Them). Then explain the reason for your choices.

- \_\_\_\_\_ Choosing to be the kind of person I want to be
- \_\_\_\_\_ Selecting chores to do at home
- \_\_\_\_\_ Deciding to do chores at home
- \_\_\_\_\_ Being responsible for my behavior
- \_\_\_\_\_ Identifying and owning my feelings
- \_\_\_\_\_ Setting bedtimes and curfew times
- \_\_\_\_\_ Naming my needs
- \_\_\_\_\_ Deciding where I'm going to live
- \_\_\_\_\_ Choosing my dreams for the future
- \_\_\_\_\_ Choosing to get power in my relationships
- \_\_\_\_\_ Deciding whether or not to go to school