

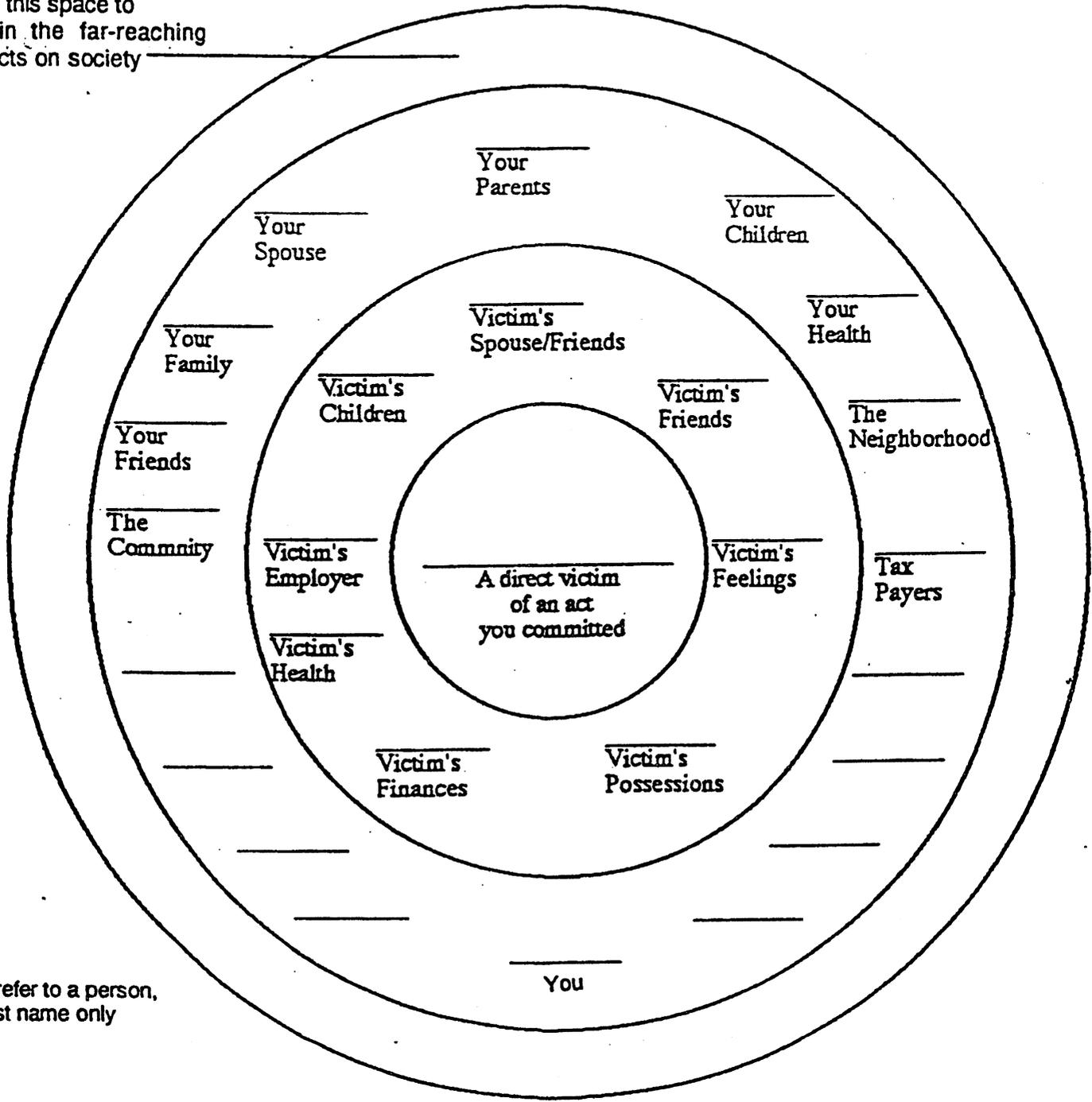
Who is Hurt?

Those of us who want to change must face the consequences of our behavior. It is a necessary step for change. Yet taking that step can be embarrassing, uncomfortable and even terrifying at times.

If you are ready to face this issue, simply fill in the blanks or make a check mark by the ones that apply to you.

Injury Diagram
"The ripple effect of our behavior"

Use this space to fill in the far-reaching effects on society



you refer to a person,
a first name only