

# Feelings and Faces

How do you feel? How did you feel when you walked into your small group meeting? Choose a face that describes how you feel, or draw a face that shows how you are feeling. Tell your group why you chose the face that you did.



happy



anxious



frustrated



excited



thrilled



in love



jolly



ambivalent



peaceful



sad



angry



great



stressed



lonely



unsure



lousy



cautious



draw your own