

# 99 things you've just gotta do this year!



**1.**  
Plan a trip,  
and go somewhere  
you've never been  
before.

- 2.** Write a letter to an out-of-state friend or relative.
- 3.** Respect the differences of others.
- 4.** Throw a theme party.
- 5.** Prepare a breakfast for your family.
- 6.** Serve food at a local soup kitchen.
- 7.** Sign up for an exercise class.
- 8.** Return something you've borrowed (make sure it's clean!).
- 9.** Turn your radio dial to a station that's not your typical style.
- 10.** Wash your dad's car.
- 11.** Apologize to someone—first.
- 12.** Treat yourself to a professional manicure.
- 13.** Bake a loaf of bread.
- 14.** Offer to do your sibling's chores.
- 15.** Save some spare change each day.
- 16.** Keep a journal.
- 17.** Take a bubble bath.
- 18.** Listen to others.
- 19.** Give yourself a pat on the back.



**20.**  
Spend the day  
with your Mom  
on her birthday.

- 35.** Attend a concert.
- 36.** Send a fan letter to a person you admire.
- 37.** Start or add to a collection.
- 38.** Try a new hairstyle.
- 39.** Ask questions in class.
- 40.** Make a "music memory" tape for a friend.



**41.**  
Read the book  
before you see  
the movie.

- 21.** Use an entire roll of film to take photographs of your dad.
- 22.** Don't watch TV for a day.
- 23.** Read a biography, and step inside someone else's life.
- 24.** Spend a day not being critical.
- 25.** Visit a library.
- 26.** Label the backs of photos, so you'll always be able to identify the people in them.
- 27.** Open or add to a savings account.
- 28.** Clean your room.
- 29.** Pamper yourself.
- 30.** Visit a college.
- 31.** Learn a second language.
- 32.** Hunt for a bargain.
- 33.** Avoid using profanity.
- 34.** Go on a picnic.

**We've got  
a list of  
revolutionary  
ideas! It's  
the ultimate  
to-do list for  
the year  
ahead. Stick  
with it, and  
'94 is sure to  
be positively  
great!**

- 42.** Put together a puzzle.
- 43.** Pray.
- 44.** Start a tradition.
- 45.** Play a board game.
- 46.** Contribute to a cause you believe in.
- 47.** Join a club.





**60.**  
Indulge in  
something you  
love.

- 61.** Maintain a positive attitude.
- 62.** Guide a discussion so it doesn't become an argument.
- 63.** Be extra polite to the people who work in stores and restaurants.
- 64.** Lower your fat intake.



**65.**  
Make a  
new friend.

- 48.** Dance, dance, dance.
- 49.** Attend a play.
- 50.** Tell someone you love them.
- 51.** Give out hugs.
- 52.** Give compliments freely.
- 53.** Accept compliments graciously.
- 54.** Do your homework.
- 55.** Watch the sun set.

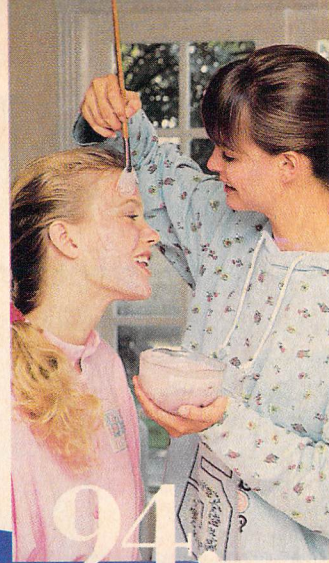


**56.**  
Throw a  
slumber party.

- 57.** Clip a cartoon for a friend.
- 58.** Tell a joke.
- 59.** Face up to a fear.
- 66.** Resist peer pressure. Be your own person.
- 67.** Turn to a friend for advice.
- 68.** Build up your confidence.
- 69.** Give him your phone number.
- 70.** Don't pass a juke box without selecting a song.
- 71.** Hold hands with a favorite guy.

- 72.** Be extra nice to someone who needs a friend.
- 73.** Buy some bizarre earrings—and wear them!
- 74.** Complete a crossword puzzle.
- 75.** Be honest.
- 76.** Encourage others.
- 77.** Count your blessings.
- 78.** Sing in the shower.
- 79.** Snack on fruit.
- 80.** Organize your closet.
- 81.** Take risks.
- 82.** Plant a tree.
- 83.** Ask out a guy you like.
- 84.** Attend a sporting event.
- 85.** Kiss someone you care about.
- 86.** Strive toward a goal.
- 87.** Wish on a star.
- 88.** Say no without feeling you have to apologize for it.
- 89.** Promise to keep a secret—and keep your promise!
- 90.** Take a dog for a walk.
- 91.** Reveal your true feelings.
- 92.** Cry at the movies.

**93.**  
Visualize  
yourself  
as you  
want to be.



**94.**  
Get together with  
a friend for an  
evening of beauty  
treatments.

- 95.** Write a poem.
- 96.** Spend time with those you love.

**97.**  
Splurge on flowers  
for yourself at the  
start of each season.



- 98.** Break a bad habit.
- 99.** Make it a year to remember!