

THANKSGIVING

REFLECTION & SHARING:

- WHAT YOU FEEL THANKFUL FOR-ALL AREAS : SELF, FAMILY, FRIENDS, SCHOOL, CHURCH, COMMUNITY
- WHAT HAS ESPECIALLY HELPED YOU TO GROW THIS PAST YEAR
- WHAT & WHO HAS HELPED YOU GROW THROUGHOUT YOUR LIFE
- WHAT YOU TEND TO TAKE FOR GRANTED OR NOT APPRECIATE

INSPIRATION:

MAY EVERY DAY OF YOUR LIFE BE THE TIME OF THANKSGIVING AS YOU REMEMBER THE MANY GIFTS OF GOD GIVEN TO YOU, ESPECIALLY THE GIFT OF HIS SON JESUS CHRIST YOUR SAVIOR AND LORD.

Over and over new life is given to the earth. As the vine and branch bear the fruit of life, we see the miracle of God. We remember that he has given us life in Jesus Christ our Lord. We remember that we are set free from sin and death, that we are the Lord's.

O give thanks to the Lord,
call on his name.
Tell the people about him,
sing praises to God.
Tell of all his wonderful works,
glory in his Holy Name.
Rejoice in the Lord always,
again I say rejoice.
Remember his wonderful deeds,
God is the Lord of all.
Your Lord keeps his promises given,
He is your Father.
The earth has yielded its increase,
God our God has blessed us.

●Nothing is more honorable than a grateful heart. —Seneca

●A thankful heart is not only the greatest virtue, but the parent of all the other virtues.

A THANKSGIVING PRAYER

Dearest Lord, You formed us out of dust. You chose us to be like you. We praise you for your kindness and mercy, loving Father. Keep us from becoming so consumed by earthly things that we forget to thank you, daily, for all the love you have given us. Teach us, your children, to see the beauty and goodness in all your creation. We ask this through Christ our Lord.

THANKFULNESS

Few experiences feed and nurture the heart like thankfulness. When simple words such as "thank you" come from the heart, wonderful things begin to occur.

Thankfulness flowers when you respect the creative source of all things, and begin to automatically rejoice in its presence. In the same way that the angels celebrate the return of each soul to heaven, the heart celebrates the arrival of every blood cell. Each heart-beat is the collective echo of the heart rejoicing as each blood cell returns to be uplifted.

**THANKFULNESS IS THE HOMECOMING
OF JOY TO THE HEART**