

Understanding Growth

1. Trust vs. Mistrust:

Trust is a faith reliance on a person(s) without fear of outcome.
Mistrust is a lack of confidence in another.

2. Self-support vs. Dependence:

Self-support is reliance on self to bear the weight of something.
Dependence is reliance on others' ability or insight.

3. Initiative vs. Compliance:

Initiative is the active planning, undertaking and "attacking" of a task. Compliance is the passive acceptance of others' plans.

4. Role Identity vs. Role Confusion:

Role identity is an orderly definition of one's function in society. Role confusion is a disorderly bewilderment about one's function in society.

5. Intimacy vs. Isolation:

Intimacy is deep interpersonal contact through positive expression (e.g., unpossessive warmth), as well as, negative expression (e.g., anger). Isolation is surface contact or no contact with people.

6. Creative Work vs. Stagnation:

Creative work is the planning, undertaking and "attacking" of a task in such a way that there is produced something refreshing and inspiring of life; e.g., having children and generating a growthful climate for them. Stagnation is lack of movement towards fresh productions.

7. Integrity:

Integrity is an inner completeness, a consolidation of all the previous behaviors; there is accepted one's life cycle and its meaning to self, others and environment.

