

## *Afterthought: 33 More Ways to Enjoy Life*

35. Don't ever be too prideful or too stupid to ask for help.
36. Make it a point to eat dinner as a family.
37. Get in the habit of buying new music every so often.
38. Get out of the habit of criticizing others.
39. Make a list of all the things you've always wanted to do around the town you live, and then start doing them.
40. Let your answering machine get it.
41. Sponsor a child.
42. Buy some massage oil.
43. Be an organ donor.
44. Go out on dates with your spouse.
45. Never stop learning.
46. Keep a journal.
47. Admit when you're wrong.
48. Become genuinely interested in the lives of others.
49. Learn to see the bit of truth in opinions you disagree with.
50. Whenever you can, pull some strings to help someone else.
51. Worry less about politics; that's all it is anyway.
52. Take more pictures.
53. Be more thankful.
54. Make your home an open invitation.
55. Make a deal with your spouse to spend less than \$15 on Christmas presents for each other this year.
56. Play.
57. Pray.
58. Live below your means.
59. Avoid clutter.
60. Use your fireplace.
61. When the sky is clear and the stars are out, look up.
62. Enjoy the outdoors more.
63. Be more flexible.
64. Drink more water.
65. Eat more healthy.
66. Take a moment to consider what you enjoy most in life.
67. Start enjoying it more.