



I TEACH A  
CLASS OF  
4<sup>TH</sup> GRADERS

*With my RA Pain*

IT'S **NOT** OK TO  
JUST GET BY  
WITH RA PAIN.

Nobody chooses to have RA, but you do have control over how you live your life with it. If you feel like you're just getting by, talk to your doctor. But keep in mind that patients and rheumatologists often think about RA in different ways. Rethinking how you have the conversation could make a difference in what your doctor recommends.

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Visit [RethinkRA.com](http://RethinkRA.com) to order your free **RethinkKit** today.

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