

Practice of Humility

- 1. speak as little as possible of yourself.**
- 2. mind your own business.**
- 3. don't want to manage other people's affairs.**
- 4. avoid curiosity.**
- 5. accept Contradiction & correction cheerfully.**
- 6. pass over the mistakes of others.**
- 7. accept insults and injuries.**
- 8. accept being slighted, not being appreciated, forgotten, and disliked.**
- 9. don't seek to be specially loved and admired.**
- 10. be kind & gentle even under provocation.**
- 11. never stand on your dignity.**
- 12. yield in discussion even when you're right.**
- 13 . choose always the hardest**

practice makes perfect!

**We tell people how kind, forgiving, and
understanding God is... are we the living proof?
Mother Teresa**