

Integrity

Integrity means being a complete & undivided person Share 2 situations from your life when you were complete & undivided in living out your relationship with God

Integrity means helping others Share a time you should have helped or encouraged someone & didn't. What would you do differently if you could?

Integrity means telling others how God has made a difference in your life

Share 2 examples in your life where God has helped you live with integrity & change a bad behavior

Integrity is a very tough goal to achieve all the time

Laugh out loud hysterically for a minute

Integrity means searching for truth Have your group ask you any 2 questions about faith- give your best answers & then get feedback on how you did

Integrity means being honest & loving with others playing both parts act out a conversation with your best friend who has been stealing money from where she works

Integrity means living with purity Share a thought you had today you know God isn't happy about. What can & will you do about it?

Integrity includes actively serving others

Give every group member a shoulder rub, if they're willing

Integrity is a great blessing to others

call someone you know well, ask them how you are doing with integrity

Living with integrity requires strength from God

Physically pick up as many different people in the group as possible (only if it's ok)

Integrity means doing what is right

Imitate your conscience voice out loud for 20 seconds

Integrity means exposing instead of hiding shameful secrets Share a time when one of your bad secrets became known & why it was a painful but good thing

Read 1Corinthians4:5 Integrity means you will have pure motives in everything you do & say

Discuss how the thought of God revealing your private motives make you feel? Why?

Read Romans3:20 God uses the bible to help us become aware of our sins & lack of integrity

Share what are other ways God makes you aware of the sin in your life

Read Romans12:1-2 Pray: Jesus we want to have the strength to live the way you want us to, and you're the only one who can give us that strength

Following God's ways with integrity is as awesome as enjoying riches- the best you can imagine Share your answers: Following God with integrity is as good as___

Living with integrity will help you enjoy God's presence in your daily life

When have you most felt God's presence in your life?

Read Leviticus19:1-2

Discuss how possible you think it is to be holy?" why?

What are some action steps that can help us to live up to this?

Mark Twain said: "If you tell the truth you don't have to remember anything"

Complete: if you___ then you don't have to___

Read Jeremiah17:9

Share How have you been able to turn your heart into a heart that seeks after God?

Read Ephesians5:15-21

List the things that are God's will List 5 things that are God's will for each of your lives

Read Ephesians 2:19–22 Integrity may mean some changes in the way you live.

How can you become a holy temple?

Read Ephesians 4:25–32 Integrity comes down to doing the right thing instead of the wrong thing

Share this week what is one area of your life you can choose to do the right thing over the wrong thing

Read Ephesians 5:3 How will you pursue purity while striving to live with integrity?

ADDITIONAL ACTIVITIES

- Act out a life improvement show
- Act out a scene where integrity leads to joy
- Discuss: If integrity were a season of the year which would it be? Why?
- Discuss: How can we work together to help each other live with more integrity?
- Write a short note to your parents on how you are trying to live a life of integrity
- Make up & sing a 30 second song about integrity– opera, rap, blues, rock
- Discuss– what do you think is the biggest danger to your faith?
- Act out as a group a talk show interview about integrity
- Discuss: In what area of your life do you need more integrity? Why?
- List 15 things you can do that are fun & won't cause you to lose your integrity.
- Shout out words that are synonyms for integrity
- Fill in "The first thing that comes to mind when I hear the word integrity is__"
- Each list 5 younger people your moral behavior could influence for the better
- Discuss: is it possible to have integrity everywhere you go?
- As a group **think of** a person who is full of integrity. Say a phrase that person would say
- Each draw a picture of someone you know who has integrity, Group guesses who
- Discuss: where is the place where it is hardest for you to have integrity?
- List all the positive rewards you can get for having integrity
- Discuss: How much stress does it cause you trying to live up to other people's expectations of you?
- Group makes a list of all the movies you can where the character showed integrity
- Write a thank you note to a person who helps you live with integrity
- Draw a cartoon about integrity
- Create: I is for__ N is for__ T is for___etc. integrity
- Fill in "I am most tempted to sin when ___"
- Everybody share a time you stood up to peer pressure
- Pray "lord help us to live with integrity show us___"
- Pair ups one is cheating on a test, the other is a friend trying to convince them not to
- Write a list: several things you're going to work on not doing anymore so you can say with confidence "I live with integrity"
- Find: several scripture passages to help you in areas in which you are struggling to defeat temptation
- Meet with a friend you can talk & pray with & discuss living with integrity
- Apologize to someone you have wronged
- Eat a meal with your parents & tell them how they can help you live with integrity