

## DESIDERATA

GO PLACIDLY AMID THE NOISE AND THE HASTE,  
AND REMEMBER WHAT PEACE THERE MAY BE IN SILENCE.  
AS FAR AS POSSIBLE WITHOUT SURRENDER BE ON GOOD TERMS WITH ALL  
PERSONS.

SPEAK YOUR TRUTH QUIETLY AND CLEARLY; AND LISTEN TO OTHERS,  
EVEN TO THE DULL AND THE IGNORANT; THEY TOO HAVE THEIR STORY.  
AVOID LOUD AND AGGRESSIVE PERSONS, THEY ARE VEXATIONS TO THE  
SPIRIT.

IF YOU COMPARE YOURSELF WITH OTHERS, YOU MAY BECOME VAIN OR BITTER;  
FOR ALWAYS THERE WILL BE GREATER AND LESSER PERSONS THAN YOURSELF.  
ENJOY YOUR ACHIEVEMENTS AS WELL AS YOUR PLANS.

KEEP INTERESTED IN YOUR OWN CAREER, HOWEVER HUMBLE;  
IT IS A REAL POSSESSION IN THE CHANGING FORTUNES OF TIME.  
EXERCISE CAUTION IN YOUR BUSINESS AFFAIRS; FOR THE WORLD IS FULL  
OF TICKERY.

BUT LET NOT THIS BLIND YOU TO WHAT VIRTUE THERE IS;  
MANY PERSONS STRIVE FOR HIGH IDEALS;

AND EVERYWHERE LIFE IS FULL OF HEROISM.

BE YOURSELF. ESPECIALLY, DO NOT FEIGN AFFECTION.

NEITHER BE CYNICAL ABOUT LOVE; FOR IN THE FACE OF ALL ARIDITY AND  
DISENCHANTMENT IT IS AS PERENNIAL AS THE GRASS.

TAKE KINDLY THE COUNCIL OF THE YEARS, GRACEFULLY SURRENDERING THE  
THINGS OF YOUTH.

NURTURE STRENGTH OF SPIRIT TO SHIELD YOU IN SUDDEN MISFORTUNE.

BUT DO NOT DISTRESS YOURSELF WITH DARK IMAGININGS.

MANY FEARS ARE BORN OF FATIGUE AND LONELINESS.

BEYOND A WHOLESOME DISCIPLINE, BE GENTLE WITH YOURSELF.

YOU ARE A CHILD OF THE UNIVERSE, NO LESS THAN THE TREES AND THE  
STARS; YOU HAVE A RIGHT TO BE HERE.

AND WHETHER OR NOT IT IS CLEAR TO YOU, NO DOUBT THE UNIVERSE IS  
UNFOLDING AS IT SHOULD.

THEREFORE BE AT PEACE WITH GOD, WHATEVER YOU CONCEIVE HIM TO BE.  
AND WHATEVER YOUR LABORS AND ASPIRATIONS, IN THE NOISY CONFUSION  
OF LIFE KEEP PEACE IN YOUR SOUL.

WITH ALL ITS SHAM DRUDGERY AND BROKEN DREAMS, IT IS STILL A  
BEAUTIFUL WORLD.

BE CHEERFUL. STRIVE TO BE HAPPY.