

There is a vitality, a life force, a quickening that is translated through you into action, and because there is only one of you in all time, this expression is unique. And if you block it, it will never exist through any other medium and be lost. The world will not have it. It is not your business to determine, How good it is: nor how valuable it is; nor how it compares with other expressions. It is your business to keep it yours clearly and directly to keep the channel open. You do not even have to believe in yourself or your work. You have to keep open and aware directly to the urges that motivate you. Keep the channel open No artist is pleased. There is no satisfaction whatever at any time. There is only a divine, dissatisfaction; A blessed unrest that keeps us marching and makes us more alive than the others. -Martha Graham

### **WAYS TO LIVE A BETTER LIFE**

1. BEWARE OF THE PERSON WHO HAS NOTHING TO LOSE.
2. EAT LESS RED MEAT AND DRINK AT LEAST 8 GLASSES OF WATER EACH DAY.
3. WEAR OUT, DON'T RUST OUT
4. LIVE YOUR LIFE AS AN EXCLAMATION, NOT AN EXPLANATION.
5. MAKE IT A HABIT TO DO NICE THINGS FOR PEOPLE WHO'LL NEVER FIND OUT.

As it is the business of tailors to make clothes, and of cobblers to mend shoes, so it is the business of Christians to pray. -Martin Luther

The purpose of the church is not to comfort the afflicted, but rather to afflict the comfortable.

When I pray, coincidences happen, and when I do not, they don't. -William Temple

Those who possess a surplus possess the goods of others. -St. Augustine

Keep praying, but be thankful that God's answers are wiser than your prayers. -William Culbertson

Make money your God and it will plague you like the devil.

There is no failure more disastrous than the success that leaves God out.

Those who put themselves in His hands will become perfect, as He is perfect, perfect in love, wisdom, joy, beauty and immortality. C.S. Lewis

We do not play the game fair if we deliberately set out to get more than we give.