

Do You Know the Ten Laws of Life?

Life Law #1: You either get it, or you don't.

Strategy: Become one of those who gets it.

Life Law #2: You create your own experience.

Strategy: Acknowledge and accept accountability for your life.

Life Law #3: People do what works.

Strategy: Identify the payoffs that drive your behavior and that of others.

Life Law #4: You cannot change what you do not acknowledge.

Strategy: Get real with yourself about life and everybody in it.

Life Law #5: Life rewards action.

Strategy: Make careful decisions and then pull the trigger.

Life Law #6: There is no reality; only perception.

Strategy: Identify the filters through which you view the world.

Life Law #7: Life is managed; it is not cured.

Strategy: Learn to take charge of your life.

Life Law #8: We teach people how to treat us.

Strategy: Own, rather than complain about, how people treat you.

Life Law #9: There is power in forgiveness.

Strategy: Open your eyes to what anger and resentment are doing to you.

Life Law #10: You have to name it before you can claim it.

Strategy: Get clear about what you want and take your turn.