

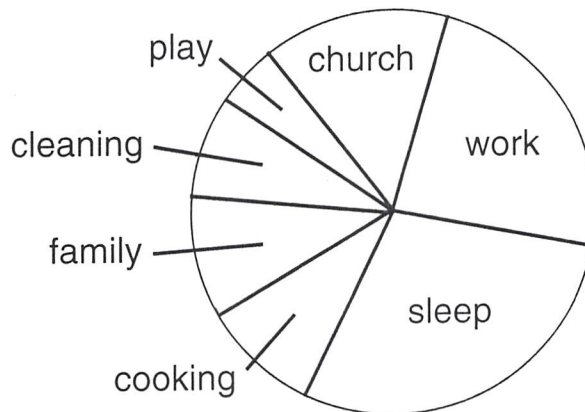
A Slice of Life

As you think about all the different things you do in your life, do you consider your time well managed? How much of your time is spent in the following activities?

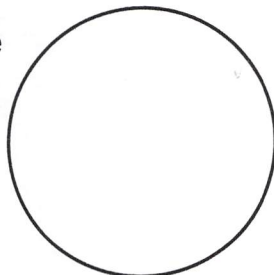
work
sleep
play
church
driving
cleaning
cooking
caring for others
etc.

Draw a pie chart which shows how your time is spent right now. Draw another pie chart which shows your "dream life." Finally, draw a third pie chart which shows an ideal balance between your current situation and your dream life.

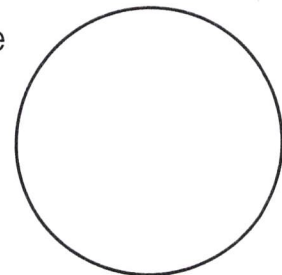
EXAMPLE:



My Current Life



My Dream Life



The Ideal Balance

