

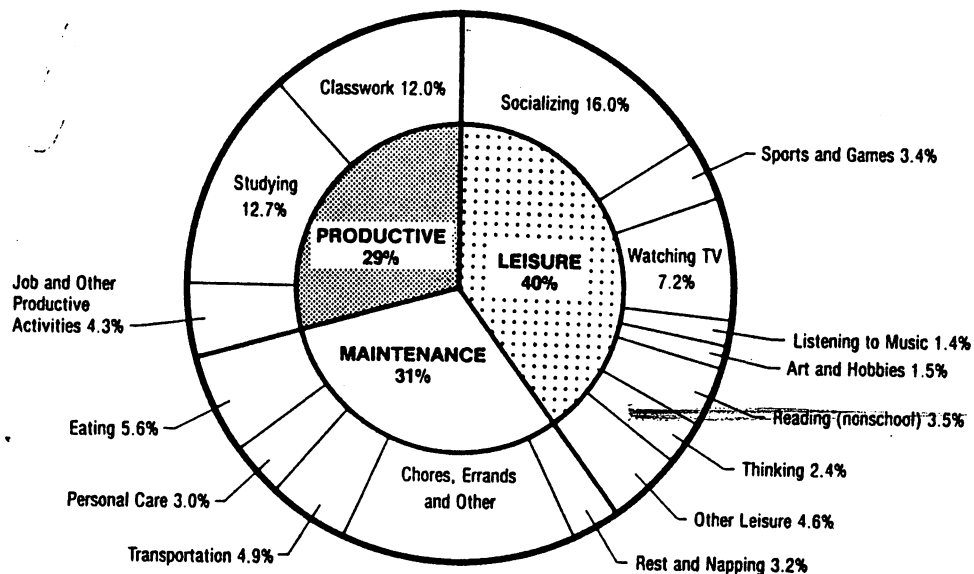
TIME SPENT

During the average life of a person, he will spend:

- 7 years in the bathroom --
- 6 years eating --
- 5 years waiting in line --
- 4 years cleaning house --
- 3 years in meetings --
- 2 years calling people who aren't home --
- 1 year looking for lost items --

How much time each day do you spend in prayer? What about reading the Word? Multiply the time by 7 (days), convert to hours, days and estimate on a scale of 75 years. During life you should have _____ years in prayer and _____ years in the Word.

How Do You Spend Your Time?



Think about it. Everybody everywhere has the same number of minutes and hours in a day to spend. In an average week during the school year, how do you spend your time? Who decides what you do and when you do it?

Acts 2:44-47, Americanized Version

And, behold, their number decreased day by day

By Grant Edwards

44. And all those who had believed were apart and had nothing in common; 45. and they began hoarding their property and neglecting anyone who might have need.

46. And once a week the religious met for Sunday morning worship, and twice a week the spiritual met for Sunday evening worship plus Sunday evening Bible study. And all a week the elect met for Wednesday night Bible study. And they assembled with a divided mind, in their own churches on their own corners. And afterwards they all retreated to their houses in suburbia, to live the rest of the week apart from each other and in a life-style acceptable to their pagan neighbors. And they ate alone in sadness and insecurity. 47. blaming God for their troubles. And they were laughed at by their neighbors. And God withheld from their midst any power or blessing and their number decreased day by day.

Lifestyle

Why should anyone change her or his lifestyle? Here are 3 reasons given by the World Hunger Year people:

1. A simpler lifestyle frees you to be the disciple God calls you to become.
2. A simpler lifestyle is an act of solidarity and sharing with the world's hungry.
3. A simpler lifestyle is a witness to a community plagued by overconsumption.