

About Me!

Some of my needs are....

Some of my hopes are....

Some feelings I have are....

Some people I care for are...

My name

I am good at....

I run away from....

I would describe me as....
(use nouns and adjectives)

- 1.
- 2.
- 3.
- 4.
- 5.

- 6.
- 7.
- 8.
- 9.
- 10.

I feel comfortable when....

I am most angry when....