

My Appearance

Please answer these questions in order. Don't go back and change your answer; your initial response was probably most honest.

1. I think about my appearance...

- constantly regularly
 when it is called to my attention rarely
 never (even when looking in a mirror)

2. The money I spend on clothes and my appearance is...

- ridiculous too much
 about right not enough

3. I dress the way I do for church on Sundays primarily because...

- I feel most comfortable this way
 it is what others expect
 I don't want to be noticed, stick out
 I want others to notice me
 I think God would be pleased
 I was taught by my parents to dress this way
 other _____

4. I think the teaching from 1 Corinthians 11:13-16—that long hair is a disgrace for men but a woman's glory and that it's improper for a woman to pray with her head uncovered—is

- just cultural (to be applied only to the time it was written in)
 applicable to us today
 only partly true for today (even though it appears in the same paragraph in the Bible)
 other _____

5. Quite honestly, I...

- judge people on the basis of their appearance
 don't let appearance affect the way I think of people
 let appearance affect the way I judge people some, and rightly so!
 try not to be affected by people's appearance, but I can't help it

6. I dress the way I do at work or school because...

- I feel most comfortable that way
 it is what others expect
 I don't want to be noticed, stick out
 I want others to notice me
 because I think God will be pleased
 I was taught by my parents to dress that way
 I would lose my job or be kicked out of school if I dressed otherwise
 other _____

7. Put a number beside each reason listed in question 6 that shows which is the best (1) and which is the worst (7) reason for dressing the way one does—whether you live by that order or not.

8. Most people in our society (culture) are...

- hung up on appearance
 don't care enough about their appearance
 have a good perspective on the importance of appearance
 other _____

9. If I could change one thing about my appearance, it would be...

10. The reason I would change what I chose in the previous statement is...

- I would impress others more favorably
 I would be able to forget about this thing that bothers me a lot
 I would be better in sports
 I would feel better (physically)
 I would be more attractive to the opposite sex
 other _____

11. Please rate the following three categories as to whether you think it (1) matters very much to God, (2) matters very little to God, (3) matters to God only if it matters to us, or (4) really doesn't matter at all to God

- how I dress
 whether I am overweight or underweight
 whether I shower, shave, keep my hair combed and cut regularly

12. A Christian in our society...

- should have about the same idea about appearance that others in our society do. In other words, there's little wrong with how our society thinks about appearance
 should be distinctly different than most of society in the way he thinks about appearance
 other _____

13. When I am dressed differently than others in a social situation, I feel...

- pleased comfortable
 embarrassed, conspicuous
 other _____