

HOW DO YOU SEE YOURSELF?

Do you think you have a handle on who you are? Take this quiz and find out—you may discover that the way you see yourself differs from the way others see you!

You probably think you have a good sense of what you're all about, but would your friends or family agree with your conclusions? Here's a way to find out: Answer the questions here, then have a significant person in your life answer the same questions, with you in mind, on a separate piece of paper. Compare both sets of answers after you both have completed the questions.

By obtaining an all-important second opinion, maybe you'll be prompted to make some changes in your attitude about the world and about yourself! And a quick way to double your feedback is by remembering that sometimes two heads are better than one!

1 Pick three personality traits that best describe you.

2 My favorite subject in school is

3 My dream job would be

4 The one physical trait I'd most like to change about myself is

5 The one personality trait I'd most like to change about myself is

6 When I get angry, the way I tend to show it is by

7 Thinking about the future makes me feel

8 A famous woman I really admire is

9 I just bought something, and after leaving the store, I find that the salesclerk has shortchanged me by \$3. I decide to

10 I and a group of friends go see a super scary movie. I don't really like scary movies but go along anyway. The next time the gang goes to a scary movie, I decide to

11 Tonight I'm going to have the house to myself. When I'm on my own I tend to feel

And the envelopes, please...

It's time to compare answers, and see how the two sets match up. If your answers differ, talk things over. Try to determine if specific incidents have caused others to see you in a different light.

Here are some points worth pondering: Does someone in your life see you as positive and upbeat, while you often feel like Miss Gloom-and-Doom? Do you tend to be open about your fears, or do you present yourself as being invincible?

By getting a valued second opinion, you may end up shedding some new light on what makes you tick! Even pinpointing a few flaws or aspects of your personality that you want to improve is a step in the right direction! ☺

