

**SELF-AWARENESS  
9TH GRADE**

**(2 Week lesson plan)**

**TOPIC:** Self-image collage

**OBJECTIVE:** to help students explore their concept of self and to enable each person in class to get to know something about their peers.

**Materials:** newspapers, magazines, glue/tape, scissors, posterboard.

**Instructions:** Ask students to construct a "*self-image collage*." They should cut out phrases, images that say something about themselves. Ask them to keep the following ideas in mind:

- A. At least 3 important people in their life.
- B. hobbies and interests
- C. three words that best describe themselves.
- D. the part of their personality that they are most proud of.
- E. likes and dislikes
- F. Goals and values

**TEACHER'S NOTE:** make sure to present to the class the idea that there are no right and wrong ways of doing or relating your work. The class should admire and respect the work of their peers.

**OPTION I:** Put these phrases in a basket and have students pick out three phrases and then have students use those heading to construct their collages. Have the student divide their posterboard into three sections.

**OPTION II.** students should be allowed enough time to be as creative as they wish. Also, Explain to class that the list of guidelines are only guidelines, they can express themselves as they wish: allow for their creativity. So let them choose as many categories as they wish and place them anywhere they like on the posterboard.

Allow the entire class period for the making of the collages. Collect the work at the end of the class and don't forget to bring them with for the following class. If there is time at the end of class, have a display of the work where each student views one another's work. If there is not time, do this at the beginning of the next class.