

# What's major in your life?

## WARM-UP

(Circle the words that best describe the way you see yourself.) I see myself more like a \_\_\_\_\_ than a \_\_\_\_\_

1. quiet lake..... rushing stream
2. newsstand..... library
3. cultured pearl... diamond in rough
4. glossy photo..... original painting
5. sunrise..... sunset
6. clinging vine..... touch-me-not
7. country road..... super highway
8. short story..... heavy novel
9. mountain..... seashore
10. yesterday..... tomorrow
11. morning..... evening
12. 100-yd. dash... cross-country run
13. Cadillac..... jalopy
14. Burt Reynolds..... John Wayne
15. rock music..... country western

## GOING DEEPER

1. When I was a youngster, I really looked forward to (circle two):
  - a. summer vacations
  - b. family picnics
  - c. Little League
  - d. Christmastime
  - e. state fairs
  - f. visits from my grandparents
  - g. the day school was out
  - h. getting my braces off
2. When school was out, my favorite thing in the summer was (circle two):
 

a. camping out	e. going to camp
b. staying up late	f. playing ball
c. sleeping over	g. hanging around
d. goofing off	h. reading a lot

3. The best adult friend I ever had outside my family was my (circle one):
  - a. boss
  - b. next door neighbor
  - c. scoutmaster
  - d. church youth leader
  - e. coach
  - f. teacher
  - g. friend's parents
  - h. Sunday School teacher
  - i. uncle/aunt

- \_\_\_\_\_ encourage me
- \_\_\_\_\_ ask my opinion about something
- \_\_\_\_\_ let me know I'm important
- \_\_\_\_\_ try to understand me
- \_\_\_\_\_ love me
- \_\_\_\_\_ work out expectations with me
- \_\_\_\_\_ tell me they are proud of me

4. The best way for my parents to bring out the best in me is to (choose three and rank 1, 2, 3):
  - \_\_\_\_\_ trust me
  - \_\_\_\_\_ leave me alone
  - \_\_\_\_\_ lay it on me

## OVERTIME CHALLENGE

How would you describe yourself with a recognition plaque? (Fill in the open areas according to your own self-understanding. Start at the bottom and work up.)

My Creed. I want my life to stand for (list three qualities):	
<b>MY RECOGNITION PLAQUE</b>	
Two things I am good at (like singing and swimming):	Two things that turn me on (like a sunset and country music):
Two words that describe how I see myself (like timid and caring):	Two words that describe how I think my friends see me (like friendly and fun-loving):