

## MY PERSONALITY

This chart describes seven different personality types in terms of what each type of person can do and likes to do. In the left-hand column you get a chance to rate what you think your ability is along those lines. In the right-hand column you can rate the level of your interest in each type of activity. To rate your ability and interest for each, circle one of the numbers from 1 (for low) to 5 (for high). Then add the rating for ability to that for interest to get your total rating for each category.

My Ability Is 1 2 3 4 5	I like talking to and being with people I think that I would enjoy working with others and helping them with their problems. I enjoy doing things with my friends and making new friends. I would choose the kind of job that would let me attend meetings and work with other people	My Interest Is 1 2 3 4 5
Social Total		

My Ability is 1 2 3 4 5	I like to make things such as clothes, cabinets, pottery, jewelry or machine parts. I am mechanically skillful and like to drive, operate, test or repair things	My Interest Is 1 2 3 4 5
Realistic Total		

My Ability is 1 2 3 4 5	I enjoy competition and the rewards of leading others. I value the opportunity to influence other people and receive rewards such as money or public recognition	My Interest Is 1 2 3 4 5
Enterprising Total		

My Ability is 1 2 3 4 5	I enjoy reading books and magazines about science or behavior (psychology, sociology). I find that I enjoy working in a lab or library on projects that allow me to find answers to unanswered questions. I enjoy solving number problems and games that make me think and concentrate	My Interest Is 1 2 3 4 5
Investigative Total		

My Ability Is I am orderly and do tasks in a precise, My Interest Is  
1 2 3 4 5 accurate manner. I like to be organized 1 2 3 4 5  
and enjoy detail work, I deliberately  
plan to be productive in my work.  
Conventional Total

My Ability Is I like to read and/or write stories. My Interest Is  
1 2 3 4 5 I enjoy listening to or playing in 1 2 3 4 5  
musical groups. I enjoy doing some  
of the following: photography,  
drawing, painting and designing.  
Artistic Total

My Ability Is I am very interested in my physical My Interest Is  
1 2 3 4 5 health and attractiveness. I like to 1 2 3 4 5  
be active in recreation and outdoor  
activities. Having a good athletic  
skills is important to me.  
Healthy-Athletic Total

When you have finished list your top three categories below.

MY TOP PERSONALITY TRAITS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_