

SELF AWARENESS

BELIEFS

- HOW WELL DO YOU BELIEVE YOU UNDERSTAND YOURSELF?
- DO YOU BELIEVE YOURSELF TO BE RATIONAL AND LOGICAL?
- DO YOU BELIEVE YOU MAKE GOOD USE OF YOUR TALENTS?
- HOW DO YOU MOST BELIEVE YOURSELF TO BE: SOMEONE WHO IS A SUCCESS, SOMEONE WHO LOVES PEOPLE, SOMEONE WHO LIVES LIFE TO THE FULLEST? HOW DO YOU BELIEVE OTHERS SEE YOU?
- DO YOU BELIEVE YOURSELF TO BE MORE HYPED OR EASYGOING?
- DO YOU BELIEVE YOU HAVE A UNIQUE PERSONALITY? WHAT IS UNIQUE ABOUT IT?
- DO YOU BELIEVE YOURSELF TO BE MORE A CHILD OF GOD OR AS A COMPUTER SUBJECT TO THE PROGRAMMING YOU HAVE RECEIVED?
- DO YOU BELIEVE YOU UNDERSTAND YOURSELF?
- DO YOU BELIEVE THAT YOU HAVE YOUR OWN STYLE?
- HOW DO YOU BELIEVE OTHER PEOPLE DESCRIBE YOU?
- DO YOU BELIEVE YOURSELF TO BE MORE INDEPENDENT, DEPENDENT, OR INTERDEPENDENT?

EXPERIENCES

- WHO IS YOUR FAVORITE TV OR MOVIE CHARACTER?
- WHAT IS SOMETHING YOU USED TO WISH FOR BUT DON'T ANY LONGER?
- WHAT IS THE HARDEST THING FOR YOU TO DO?
- HOW WOULD YOU RATE YOUR LEVEL OF SELF AWARENESS AND UNDERSTANDING?
- WHAT WOULD YOU SAY IF SOMEONE ASKED YOU "WHAT DO YOU DO"?
- WHAT IS SOMETHING YOU WOULD LIKE TO PRETEND?
- ARE YOU MORE OF A PRIVATE OR SOCIAL PERSON?
- WHAT ARE A HALF DOZEN THINGS SOMEONE SHOULD DEFINITELY KNOW ABOUT YOU?
- WHAT ARE SEVERAL OF YOUR CHARACTERISTICS THAT OTHERS SELDOM SEE?
- WHICH OF THE FIVE SENSES ARE YOU STRONGEST IN?
- WHAT IS SOMETHING ABOUT YOURSELF YOU CANNOT FIGURE OUT?
- WHAT IS SOMETHING ABOUT YOU THAT NO ONE EVER SEEMS TO REALIZE OR CATCH ON ABOUT?
- WHAT ARE SEVERAL THINGS YOU BELIEVE ABOUT YOURSELF?
- WHAT ARE SEVERAL WORDS YOU WOULD USE TO DESCRIBE YOURSELF?
- WHICH ASPECTS OF THE PERSON YOU ARE RIGHT NOW DO YOU LIKE MOST? WHO IN YOUR LIFE DOES THIS RESEMBLE ?
- WHICH ASPECTS OF THE PERSON YOU ARE RIGHT NOW DO YOU LIKE LEAST? WHO IN YOUR LIFE DOES THIS RESEMBLE ?
- IF YOU COULD BE ANYONE ELSE WHO WOULD YOU WANT TO BE?
- WHAT IS SOMETHING YOU'D REALLY LIKE OTHERS TO UNDERSTAND ABOUT YOU?
- WHAT ARE SEVERAL WAYS YOU WOULD USE TO GET SOMEONE'S ATTENTION?
- WHAT IS SOMETHING YOU ENJOY DOING THE MOST?
- WHAT IS SOMETHING YOU HATE DOING THE MOST?
- ARE YOU MOST LIKE A TREE, ROCK OR FLOWER?
- WHAT KIND OF PERSON WOULD YOU SAY YOU ARE?
- DO YOU LIKE TO RECEIVE HELP OR PREFER TO WORK THINGS OUT ON YOUR OWN?
- WHICH OF THESE ARE YOU MOST?- ADVENTUROUS, CREATIVE, OR SCHOLARLY?
- COMPARED TO OTHERS DO YOU SEE YOURSELF AS MORE, LESS, OR JUST AS INTELLIGENT?
- WHERE WOULD YOU SAY YOUR TALENTS COME FROM?- YOUR HANDS?, YOUR HEART?, YOUR HEAD?
- DO YOU EXPRESS YOURSELF BETTER VERBALLY OR IN WRITING?
- HOW OFTEN DO YOU TURN YOUR ATTENTION INWARDS TOWARD YOURSELF?
- DO YOU PREFER TO READ ABOUT SOMETHING OR ACTUALLY HAVE THE EXPERIENCE?
- WHAT IS SOMETHING YOU WOULD DO IF YOU WERE OLDER?