

MATURITY CHECKLIST

Below are listed some of the qualities which one educator says a mature person will possess to some degree. Obviously none of us possesses all these qualities fully, but together they represent a standard by which we can evaluate how we've been doing in

life to this point, and they can help give us direction for the future. Read each statement and then to the right of it put a check in the column which accurately rates you in regard to each quality.

	A real strong point	Doing pretty well	OK	Need work	I need a lot of work:
1) Capacity to accept failure					
2) Balance between thoughts and feelings; neither controls me totally					
3) Respect for past, present, and future—all three					
4) Ability to recognize the uniqueness of all people					
5) A sense of humor					
6) Compassion—the ability to identify with others' feelings					
7) Love for young children					
8) Appreciation of beauty					
9) Ability to meet others without suspicion					
10) Ability to recognize the splendor of the commonplace—acceptance of some routine in life					
11) Enthusiasm and excitement					
12) Ability to draw the best out of people					
13) Openness to mystery—realizing I don't know it all					
14) Acceptance of the need for authority					
15) Perseverance					
16) Ability to forgive others					
17) Belief that people are basically good at heart					
18) Capacity for worship—ability to sense the sacred part of life					
19) Capacity for silence and solitude					
20) Ability to adapt to change					