

SELF-AWARENESS
GRADE 10

TOPIC: YOUR FINGERPRINT.

OBJECTIVE: A getting-to-know-you exercise so that the teacher can learn about the student and the student can learn something about their peers. And, to introduce the notion of the uniqueness of the student's individual identity.

MATERIALS: pencils and blank paper and an ink pad.

Part A: Identifying the elements of your self-concept .

ACTIVITY: Ask students to answer the following questions on a blank sheet of paper: (teacher should read questions out-loud and allow time for student to respond.)

1. What moods or feelings best characterize you? (kind, considerate, up, down, depressed,) give at least 3 responses.
2. How would you describe your physical condition and/or your appearance? (tall, attractive, weak, average,) give at least three responses.
3. How would you describe your social traits? (friendly, shy, "I don't care attitude", talkative.)
4. What talents do you possess or lack? (good artist, lousy carpenter, good swimmer, leader qualities..etc.)
5. How would you describe your intellectual capacity? (curious, poor reader, good at math.)
6. What do you belief in? (Christianity, environmentalism, animal rights, passivism, MTV.)
7. What social roles are the most important in your life or where do feel that you best fit in? (brother, friend, student, club president, member of a team.)
8. Who are you're heroines and heros?

II. After the students have finished their list, go around the class and elicit a response from every class member. Ask the first question--get a response from every member--and move on to the next question.

III. After you're finished with the questions pass around the ink pad and have each student put their thumb print on their sheets.

IV. After finger printing ask the following questions:

- a. what do you think the purpose of the finger printing is?
- b. did you learn anything about your classmates that you hadn't already known?
- c. have you ever thought of yourself as an unique individual?
- d. what does it mean to be "unique?"