

**I have tried drugs before [ ]**

**I cut myself [ ]**

**I am depressed [ ]**

**I've felt suicidal before [ ]**

**I don't feel important [ ]**

**I feel like there is nobody who can help me [ ]**

**I want to be cool [ ]**

**I will do anything to fit in [ ]**

**I have done things I regret [ ]**

**I have no friends [ ]**

**Nobody is trustworthy but myself [ ]**