

State of Mind

What is your state of mind? Are you frazzled? Thrilled? Confused? Based on your "state of mind," you need to choose a "state flag," a "state bird," a "state song" and a "state flower." Complete the various statements below and take turns sharing your answers with your group.

My "state of mind" could be called: _____

My "state bird" is (peacock, cuckoo, goose, etc.): _____

My "state flower" is a (snapdragon, sunflower, pansy, etc.): _____

My "state song" is: _____

My "state flag" looks like:

