

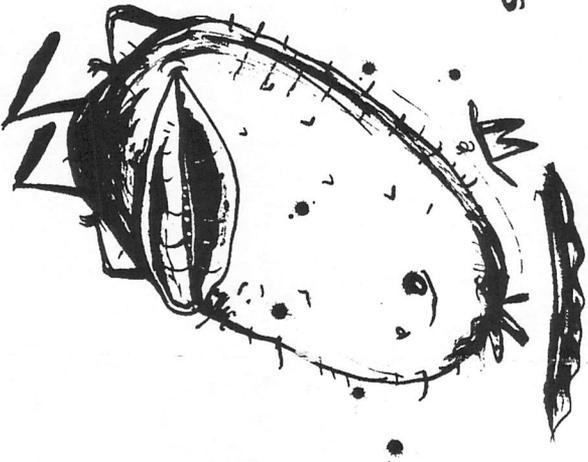
Don't Judge a Kiwi by Its Cover

The topic Inner and outer beauty

The object A kiwi and three or four other types of fruit.

The lesson Show students the fruits, one by one, and ask them which they think is the best-looking fruit. (If it's within your and your group's tolerances, it might be fun to have a fruit fashion show—a banana-burlesque of sorts, in which the banana or other fruit gets a little carried away and unpeels a bit.)
Now ask the students

which is the ugliest fruit. Pass around the kiwi so students can touch (and perhaps taste) the outside of the kiwi. It's rough, tough, and tasteless. Then pass around slices



of the kiwi's fruit—and they'll discover it's deliciously sweet. Like the kiwi, what we see on the outside is seldom an accurate indicator of what's on the inside.

The Word 1 Samuel 16:6-7; James 2:1-9

Discussion starters

1. What makes the kiwi look less appealing?
2. What are some of the outward factors by which we judge others?
3. Who are some of the "kiwi people" in our society? In your school?
4. What are some of the marks of "kiwi beauty" (inner beauty despite a plain or even rough exterior) that God looks for in a person he can use?

Life changers

1. In what ways and with which groups of people are you tempted to concentrate more on your outward appearance?
2. What are some of the kiwi qualities that you need to cultivate so that God can use you better?
3. What steps can you take **this week to get to know the inside of one person you have been avoiding** because of a rough, unappealing exterior?