

Can you be yourself and still have "idols"—people you want to be like? Explain.

How do you know who's a good example to follow? What are indicators of "bad" examples? Read Matthew 23:1-12 and 1 Corinthians 3:1-9. What do these verses say about following people?

Read 1 Corinthians 2:16b; Philippians 2:5-11; 3:15-17. Make a list of Jesus' qualities that we should imitate.

Many people do "little" things to pretend they're someone else. Put an "X" on the spot on each line that says what's acceptable or not:

totally acceptable totally unacceptable

- _____ going to an "R" rated movie and lying about your age
- _____ using someone else's answers on a test
- _____ phoning and lying about your true identity
- _____ using a fake "ID" to get into bars

What makes some things more acceptable than others?

Put an "X" on the spot on each line that represents how you feel:

the real me the pretend me

- _____ Sunday morning at church
- _____ at a party where there's drinking
- _____ being with my family
- _____ talking to a teacher
- _____ being with my pastor
- _____ talking to someone I dislike
- _____ spending time with my best friend
- _____ wanting a new boyfriend or girlfriend
- _____ at youth group
- _____ on an athletic team
- _____ joining a new group
- _____ at work
- _____ alone in my room

What did you discover about yourself? Who are you most "real" with? Why? When is it okay not to be yourself? Explain.

Would you say you're like Jesus in all those circumstances? Why or why not?

List five things you like about yourself. List five things you'd like to change. What can you do to make those changes?