

The **Roots** represent: ***Our Influences***

Who has shaped me into the person I am today? Who has influenced my values, principles and commitments? What communities have been important to my development?

Consider: immediate family, ethnic culture, parish, friends, relatives, mentors, teachers, organizations that you have belonged to and other influences.

The **Trunk** represents: ***Our Core Principles***

What principles guide my life? What principles do I admire in others?

Consider: Suggested Core Principles

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|--------------------|--------------|-----------------|
| Love | Cooperation | Empathy |
| Fairness | Justice | Humility |
| Integrity | Generosity | Interdependence |
| Honesty | Sincerity | Stewardship |
| Human dignity | Optimism | Peace |
| Service to others | Freedom | Courage |
| Patience | Hope | Caring |
| Encouragement | Compassion | Sacrifice |
| Non-violence | Equality | Perseverance |
| Respect for others | Faithfulness | |

The **Branches** represent: ***Our Roles***

What are the different ways we express my principles in my life? What are the various roles of my life?

Consider: Family Roles: daughter/son, brother/sister, niece/nephew, grandson/granddaughter, Friend, Worker, Leader of parish or school ministry program, Student, Member of a team or organization.

The **Leaves** represent: ***Actions or Choices***

In each of these roles, what are some specific choices and actions that express my principles?

Consider: Actions like listening, caring, loving, sharing, leading, participating.



