AFFIRMATION

WORDLES OF ENCOURAGEMENT

Here's an easy and beautiful way to encourage teenagers and affirm leaders.

First, ask teenagers and leaders to give you one word to describe each person in the group. Then go to wordle.net, a Web site that creates free word art. The program will make larger the words you repeat more often, so I usually put the teenager's first name in 10 times, and the last name in five—then add the words from the created list.

Then click the Go button and then Randomize until the style that comes up matches the personality of the teenager or adult leader. Then you can print it out in color or black-and-white, trim it and put it over a piece of colored paper before you put it in a simple black frame from the dollar store. It's a cheap and powerful affirmation.