

FINDING MYSELF: CHECKLIST FOR A HAPPY FUTURE

A. WHO MY PARENTS TOLD ME I MUST BE:

1. "Our family has always _____."
2. "Get in on time or _____."
3. "Little _____ are _____ and not _____."
4. "Don't _____! What will the neighbors think?"
5. "Remember _____."
6. "Never talk to _____."
7. "Why can't you _____ as your _____ does?"
8. "Always look _____ before you _____."
9. ~~Keep~~ _____ . It makes ~~my~~ your father and me proud."
10. "You're a Catholic, therefore, _____."
11. "When I was your age, _____."
12. "Watch out for the _____! What did I tell you?"

B. WHO I THINK I AM:

1. Since I am a member of a family, I know _____.
2. In my dealings with my friends, I know _____.
3. At this point in my life, I have accomplished _____.
4. I know I have much to learn, but I did _____ so far .
5. In school I find it difficult to _____, but I have overcome _____.
6. I feel that _____ likes me because _____.
7. Every time I _____, people like me more. I guess this is because _____.
8. I know I'm good at _____.
9. I know that there isn't a Santa Claus because _____.

C. WHO I WANT TO BE:

1. To plan my future intelligently, I must _____.
2. I like _____, so I think I will study _____.
3. It's fun to _____, so working at _____ will make future work more enjoyable.

(continued)

4. The world is changing so fast that it's important to be flexible, so I'll keep in mind that I _____.
5. Many of us will be working at jobs that don't exist now, so I will plan to _____.
6. I will surround myself with _____ friends because they are _____ and I can offer them _____ while they influence me.
7. Older people's experiences are valuable to me because _____
_____; However _____
_____.
8. No matter what anyone says, the best plan for my future is _____
_____.

EVEN WITH ALL THE SHOUTING, I ALONE AM THE ONE WHO WILL MAKE MY
FUTURE HAPPEN IF _____